

# SUMMER 2024

Wethersfield Parks and Recreation

(860)721-2890



**Registration** - Residents and Friends of the Nature Center begins Wednesday, April 3rd at 8:00A and for non-residents on Thursday, April 4th at 8:00A.

**Website** - [wethersfieldct.gov/recreation](http://wethersfieldct.gov/recreation)

**Refund Policy** - For refund details, see page 2.



SCAN QR CODE FOR  
ONLINE REGISTRATION

## STAFF

Kathleen Bagley, Director  
Jahlim Cuttino, Therapeutic Recreation Supervisor  
Dayshell Foreshaw, Technical Assistant  
Kathy Griswold, Office Manager  
John Lamb, Custodian II  
Izzy Lopez, Technical Assistant  
Rachael Mattioli, Assistant Director  
Amy Miller Dignoti, Senior Center Coordinator  
Angela Mull, Technical Assistant  
Natalie Morrison, Recreation Supervisor II  
Tom Nowak, Custodian II  
Sara Roccapiore, Recreation Supervisor II  
Patrick Telman, Nature Center Director

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## ADVISORY BOARD

Michael Bisi, Chairman  
Richard Lepore, Vice Chairman  
Suzanne Barton  
Jordan Dikegoros  
Sarah Gantley  
Mary Mahar  
Karen Mann  
Colleen Mattatall  
Thomas Mull  
Shelley Carbone, Council Liaison

## CONTACT INFORMATION

Parks & Recreation Department  
505 Silas Deane Highway  
860-721-2890

[rec.activities@wethersfieldct.gov](mailto:rec.activities@wethersfieldct.gov)

William J. Pitkin Community Center  
30 Greenfield Street  
860-721-2750

[community.center@wethersfieldct.gov](mailto:community.center@wethersfieldct.gov)

Eleanor Buck Wolf Nature Center  
156 Prospect Street  
860-721-2780

[nature.center@wethersfieldct.gov](mailto:nature.center@wethersfieldct.gov)

Senior Center  
30 Greenfield Street  
860-721-2770

[senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov)

# Registration Policies

**REGISTRATION:** Registration for summer programs will begin for residents and Friends of the Nature Center on Wednesday, April 3rd at 8:00A and non-residents on Thursday, April 4th at 8:00A. Exceptions are indicated in the program descriptions.

- Online registration enables you to know immediately that you are registered for the desired class.
- For registration by mail or in person, please use the registration form on the last page. Copies of the registration form are accepted. Please submit forms by mail or drop off at Parks & Recreation or the Pitkin Community Center. Forms received by mail or in person will be processed at random. Forms will be accepted one week prior to the start of registration.
- Registrations by fax or phone are not accepted.

**REGISTERED HOUSEHOLD:** Register online at [rec.wethersfieldct.gov](https://rec.wethersfieldct.gov). Once your household is entered and approved in the database, you will receive a username and password by the next business day to begin registering online.

- Class participants must be registered under the household in which they reside.

**PAYMENT:** Online registration may be made by MasterCard, Visa, or Discover.

- Accepted methods of payment are cash, check or money order (payable to the Town of Wethersfield), MasterCard, Visa, or Discover.
- For financial assistance, please contact Parks & Recreation for further information.

**WAIVER:** If you have any limitations, it is your responsibility to obtain a statement from your doctor approving your participation in a program and notify the department of needed assistance. Parks & Recreation complies with the Americans with Disabilities Act by making reasonable accommodations in its programs to enable participation by people with disabilities who meet essential eligibility requirements for the specific programs and facilities.

**REFUNDS & CANCELLATIONS:** Parks & Recreation reserves the right to cancel programs and issue refunds due to insufficient registrants or causes beyond its control. Refunds will be automatic if a session is cancelled.

- All refund requests for withdrawal from a program must be made in writing and sent to [rec.activities@wethersfieldct.gov](mailto:rec.activities@wethersfieldct.gov).
  - A full refund less a \$10 processing fee per program will be given if withdrawal is requested two (2) weeks prior to the start of the program.
  - A 50% refund less a \$10 processing fee per program will be given if withdrawal is requested one (1) week prior to the start of the program.
  - REFUNDS WILL NOT BE GRANTED LESS THAN ONE WEEK PRIOR TO THE PROGRAM START DATE.

**SUMMER OFFICE HOURS:** Summer office hours are scheduled Memorial Day - Labor Day.

- Summer hours are as follows:
  - Monday to Wednesday: 8:00A - 4:30P
  - Thursday: 8:00A - 6:00P
  - Friday: 8:00A - 1:00P
- Summer hours will begin on May 28. Regular hours will resume on September 3.
- Town Hall offices will be closed Monday, May 27 in observance of Memorial Day, Thursday, July 4 and Friday, July 5 in observance of Independence Day and Monday, September 2 in observance of Labor Day.

PAPER REGISTRATION FORM ON LAST PAGE OR REGISTER ONLINE HERE 



**WILLIAM J. PITKIN COMMUNITY CENTER**

30 Greenfield Street. Houses the Senior Center, Wethersfield Community Television, 9/11 Memorial Sports Center, The Learning Circle Preschool and other programs. Rooms may be rented for wedding receptions, anniversaries, birthdays, meetings, etc. The facility is a designated shelter during town-wide emergencies.



**9/11 MEMORIAL SPORTS CENTER**

30 Greenfield Street. Located in the Pitkin Community Center. Facility includes gym, fitness room and meeting room with wireless internet access. Developed in partnership with the Keane Foundation, this area also displays steel recovered from the ruins of the World Trade Center. The gym is available for rental through the Pitkin Community Center.

**SOLOMON WELLES HOUSE**

220 Hartford Avenue. An historic house built in 1774 overlooking the Wethersfield Cove. Residents and local businesses may rent this facility for meetings and small parties up to 52 people.

**ELEANOR BUCK WOLF NATURE CENTER**



156 Prospect Street. An environmental education center in Mill Woods Parks operated with member support. Exhibits, live animals, educational programs, field trips, parties, room rentals, scout programs and volunteer opportunities. For visiting hours and program offerings please see page 12.

**STANDISH PARK**

Garden Street & Hartford Avenue. Features Mikey's Place (two universally accessible playscapes for toddlers & children), basketball court, baseball field, tennis and pickleball courts.

**MILL WOODS PARK**

Prospect Street at Wolcott Hill Road. Features Loretta's Dream Pavilion, skate park, playground, bocce, tennis and basketball courts, sports fields, picnic area, walking paths, playgrounds and a dog park.



**WINTERGREEN WOODS**

Folly Brook Boulevard & Eagle Drive. Features walking trails through 110 acres of forest and wetlands. The Heritage Way Bikeway/Pedestrian Path connects to other parks.

**WETHERSFIELD COVE & BOAT LAUNCH**

Main Street. Marina includes docks and new boat launch with access to the CT River. Tender cleats and mooring rentals are available, weather and conditions permitting, Memorial Day through Columbus Day. Mooring and tender cleat rentals are available online or at the Parks & Recreation office. A copy of current boat registration and declaration page of insurance policy must be submitted along with completed application and payment.

**Fees collected at the Cove:**

Daily launching fee	<b>Res/NonRes</b>
Daily Town mooring rental	\$10/\$20
Daily anchorage space rental	\$20/\$25
Daily overnight parking fee	\$10/\$15
Season launching pass	\$7/\$15
	\$100/\$150

**Services sold at Parks & Recreation:**

Season Town mooring rental	<b>Res/NonRes</b>
Season tender cleat rental	\$125/\$200
Season anchorage space rental	\$75/\$100
	\$100/\$150



**GARDEN PLOTS**

Wethersfield Fire Department Station #1: 20' x 30' plots are still available to residents ages 18+. Register online or in person at Parks & Recreation beginning Thursday, February 22nd.

**FOUR TOWN WALKING COMPETITION**

CCHD challenges all Health District residents and employees working or living in Berlin, Newington, Rocky Hill and Wethersfield to join this friendly neighborhood competition. The Competition runs from May 1st – May 31st. Thanks to Anthem Blue Cross & Blue Shield, participants will log their steps using the Walker Tracker website or app. Registration begins online Monday, April 1st at <https://cchd4town.walkertracker.com> Get ready to get moving and WALK THIS MAY.



**MEMORIAL DAY PARADE**



Saturday, 5/25, beginning at 9:00A. This year’s theme is the “80th Anniversary of D-Day.” A brief ceremony will be held at Village Cemetery following the parade to honor all those who sacrificed their lives in time of war. For more information visit [wethersfieldct.gov/memorial-day](https://wethersfieldct.gov/memorial-day).

**WETHERSFIELD FIREWORKS**



Saturday, 6/1, 5:00P - dark at Cove Park (next to DMV).  
Rain date: 6/8. Visit [wethersfieldct.gov/wethersfieldfireworks](https://wethersfieldct.gov/wethersfieldfireworks) for more information.

**CONNECTICUT TRAILS DAY**

Celebrate the outdoors and take a friend for a hike, ride, walk or paddle. Events will be held locally and statewide Saturday, 6/1 and Sunday, 6/2. For a complete schedule visit [ctwoodlands.org/ct-trails-weekend](https://ctwoodlands.org/ct-trails-weekend). See page 12 for details.



**ELEANOR BUCK WOLF DAY**

Saturday, 6/8, 11:00A - 3:00P. EBW Nature Center. Celebrate the legacy of Wethersfield resident Eleanor Buck Wolf for whom the Nature Center is named. See page 12 for details.

**KEENEY KOOLER CONCERT SERIES**

Concerts will be held Tuesdays at 6:30P on the grounds of the Keeney Memorial Center on Main Street in Old Wethersfield on the following dates:

- 7/16 - Mass-Conn-Fusion
- 7/23 - The Patty Tuite Group
- 7/30 - Number Nine



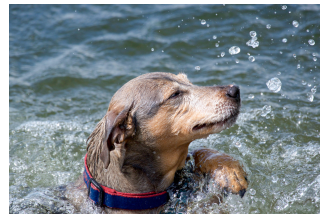
For further information call 860-529-7656.

**NATIONAL NIGHT OUT**

Tuesday, 8/6, 5:30 - 8:00P at Greenfield Park. Wethersfield Police Department, in partnership with the Town, hosts a fun- filled night of activities, music and food for residents. National Night Out is an annual community building campaign that promotes police-community partnerships and neighborhood camaraderie to make neighborhoods safer, better places to live.

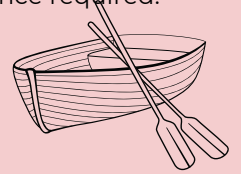
**ANNUAL DOG SWIM**

Saturday, 8/24, 10:00A – 3:00P at Mill Woods Pond.  
Rain date: Sunday, 8/25. Additional information will be available on our website and Facebook page.



**WETHERSFIELD COVE & BOAT LAUNCH**

Main Street. Park includes docks and boat launch with access to the CT River. Tender cleats and mooring rentals are available Memorial Day through Columbus Day. Rentals for the season begin online or in person starting January 3. Copy of valid boat registration and proof of insurance required.



**TOWN EMERGENCY SHELTER**

Location: William J. Pitkin Community Center, 30 Greenfield Street.

During town-wide emergencies an announcement will be made if opened. Shelter can be reached at 860-721-2750.



**GARDEN PLOTS**

Wethersfield Fire Department Station #1: 20' x 30' plots available to residents ages 18+. Fee per plot: \$30.00.

One plot per family, with additional plot assignments made after all interested residents have been satisfied. Register online or in person at Parks & Recreation.

**DAILY ADMISSION:**

Resident

Adult - \$4

Child (under 18) - \$2

Non-resident\*

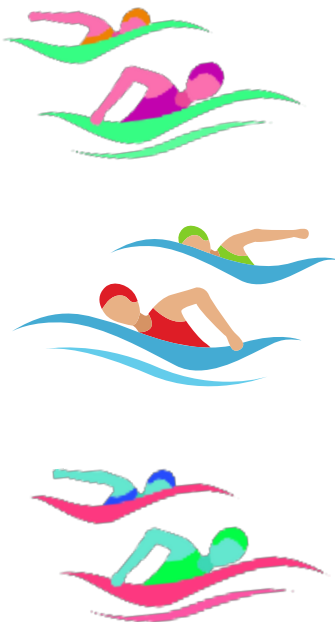
Adult - \$5

Child (under 18) - \$3

\*Note: Non-residents must be accompanied by residents



Your season pass is a barcode found in your online account under "My Account" - "My Memberships".



**MILL WOODS POND AND WILLARD POOL**

Pools open for the season Thursday, 6/13 at 1:00P. Willard Pool closes for the season Friday, 8/9 at 5:00P and Mill Woods Pond closes for the season Friday, 8/23 at 5:00P.

**Opening Week and Fourth of July Special Hours: Both Mill Woods Pond and Willard Pool will be open from 1:00-5:00P on 6/13, 6/14, 6/15, 6/16 and 7/4.**

**SUMMER POOL PASS**

Summer Pool Pass will be valid at Mill Woods Pond and Willard Pool from June 13, 2024 - August 23, 2024.

Provides residents unlimited admission to pools. Passes will not be sold at the pool. Daily admission cannot be credited toward purchase of a pass.

**A pool pass is required for swim lessons.**

If you already have a membership bar code from Summer 2023 or Indoor 2023-2024, renew it online by visiting [rec.wethersfieldct.gov](https://rec.wethersfieldct.gov) and follow the renewal prompts.

To purchase a pool pass, visit [rec.wethersfieldct.gov](https://rec.wethersfieldct.gov) and select Passes & Memberships. Each household member will be issued their own barcode that will be scanned for admission every time a pool is visited.

**Family Pass \$65**

Available to two (2) adults as well as children living in the same household. Additional adult(s) living in the household must purchase an individual or family pool pass. Please remember to list all family members on the pass.

**Individual Pass \$40**

Available to any resident or child.

**MILL WOODS POND**

Recreational Swimming

Mon - Thurs: 1:00-7:00P

Fri - Sun: 1:00-5:00P

Wading area is open during recreational swim times mentioned above, as well as:

Mon - Thurs: 10:00A - 12:10P



**WILLARD POOL**

Recreational Swimming

Mon - Sun: 1:00-7:00P

Adult Swimming

(Diving Pool Only - Lap Lanes)

Mon - Thurs: 5:00-6:00P

Wading area is open during recreational swim times mentioned above, as well as:

Mon - Thurs: 10:40A - 12:05P





**SPECIAL INSTRUCTIONS FOR SWIM LESSONS**

Session 1: 6/17-6/27  
 Session 2: 7/1-7/11 (No class 7/4)  
 Session 3: 7/15-7/25  
 Session 4: 7/29-8/8

Swim lessons are offered Monday - Thursday.

Be sure to register by 8:00A on the morning session begins.

Swim lessons are available to residents only.

**Lessons will be cancelled for thunder or lightning and will not be rescheduled.**

Pool pass is required. For online registration you must purchase a pool pass before selecting a swim lesson.

**Swim Lesson Pre-requisites:**  
 See class descriptions.

Instructors may re-assign level placement based on skills and availability.



**PARENT AND CHILD AQUATICS**

Age 1 ½ - 3. Children will have fun in the water while being exposed to basic swimming skills through games, songs and activities. Learning objectives: Exit and enter the water in a safe manner, in water exploration, bob, leg and arm action on front and back individually and combined, roll from front to back and back to front, front and back float, and glide with assistance. Min/Max: 2/10. No class 7/4.

**PRESCHOOL AQUATICS**

Age 4-5. Prerequisite: Ages 4-5 or age 3 and completed Parent & Child Aquatics. Students become familiar with the aquatic environment. Learning objectives: Enter and exit water using ladder, steps or side, bob, open eyes underwater and retrieve submerged objects, front and back glide, front and back float, recover from a front and back float or glide to a vertical position, roll from front to back and back to front, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action on back. Min/Max: 2/6. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:00-10:40A	\$20	101040-01
6/17-6/27	M-Th	2:30-3:10P	\$20	101040-02
6/17-6/27	M-Th	4:45-5:25P	\$20	101040-03
7/1-7/11	M-Th	10:00-10:40A	\$20	101040-04
7/1-7/11	M-Th	2:30-3:10P	\$20	101040-05
7/1-7/11	M-Th	4:45-5:25P	\$20	101040-06
7/15-7/25	M-Th	10:00-10:40A	\$20	101040-07
7/15-7/25	M-Th	2:30-3:10P	\$20	101040-08
7/15-7/25	M-Th	4:45-5:25P	\$20	101040-09
7/29-8/8	M-Th	10:00-10:40A	\$20	101040-10
7/29-8/8	M-Th	2:30-3:10P	\$20	101040-11
7/29-8/8	M-Th	4:45-5:25P	\$20	101040-12

**Willard Pool**

6/17-6/27	M-Th	11:25A-12:05P	\$20	101040-20
7/1-7/11	M-Th	11:25A-12:05P	\$20	101040-21
7/15-7/25	M-Th	11:25A-12:05P	\$20	101040-22
7/29-8/8	M-Th	11:25A-12:05P	\$20	101040-23

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	11:30-12:10P	\$20	101041-01
6/17-6/27	M-Th	3:15-3:55P	\$20	101041-02
6/17-6/27	M-Th	5:30-6:10P	\$20	101041-03
7/1-7/11	M-Th	11:30-12:10P	\$20	101041-04
7/1-7/11	M-Th	3:15-3:55P	\$20	101041-05
7/1-7/11	M-Th	5:30-6:10P	\$20	101041-06
7/15-7/25	M-Th	11:30-12:10P	\$20	101041-07
7/15-7/25	M-Th	3:15-3:55P	\$20	101041-08
7/15-7/25	M-Th	5:30-6:10P	\$20	101041-09
7/29-8/8	M-Th	11:30-12:10P	\$20	101041-10
7/29-8/8	M-Th	3:15-3:55P	\$20	101041-11
7/29-8/8	M-Th	5:30-6:10P	\$20	101041-12

**Willard Pool**

6/17-6/27	M-Th	10:40-11:20A	\$20	101041-20
7/1-7/11	M-Th	10:40-11:20A	\$20	101041-21
7/15-7/25	M-Th	10:40-11:20A	\$20	101041-22
7/29-8/8	M-Th	10:40-11:20A	\$20	101041-23



**LEVEL 1: INTRODUCTION TO WATER SKILLS**

Age 5-13. Prerequisite: Ages 5+ or age 4 and completed Preschool Aquatics. Students learn how to feel comfortable in the water and safely enjoy it. Learning objectives: Enter and exit water independently, blow bubbles through mouth and nose, bob, open eyes under water and retrieve submerged objects, front and back glides and floats, recover to vertical position, roll from front to back and back to front, tread water using arm and hand actions, alternating and simultaneous arm and leg actions on the front and back, combined arm and leg actions on front and back and follow basic water safety rules. Min/Max: 2/10. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:45-11:25A	\$20	101042-01
6/17-6/27	M-Th	2:30-3:10P	\$20	101042-02
6/17-6/27	M-Th	6:15-6:55P	\$20	101042-03
7/1-7/11	M-Th	10:45-11:25A	\$20	101042-04
7/1-7/11	M-Th	2:30-3:10P	\$20	101042-05
7/1-7/11	M-Th	6:15-6:55P	\$20	101042-06
7/15-7/25	M-Th	10:45-11:25A	\$20	101042-07
7/15-7/25	M-Th	2:30-3:10P	\$20	101042-08
7/15-7/25	M-Th	6:15-6:55P	\$20	101042-09
7/29-8/8	M-Th	10:45-11:25A	\$20	101042-10
7/29-8/8	M-Th	2:30-3:10P	\$20	101042-11
7/29-8/8	M-Th	6:15-6:55P	\$20	101042-12

**Willard Pool**

6/17-6/27	M-Th	10:40-11:20A	\$20	101042-20
7/1-7/11	M-Th	10:40-11:20A	\$20	101042-21
7/15-7/25	M-Th	10:40-11:20A	\$20	101042-22
7/29-8/8	M-Th	10:40-11:20A	\$20	101042-23

**LEVEL 2: FUNDAMENTALS OF AQUATIC SKILLS**

Age 5-13. Prerequisite: Successful completion of Level 1. Students learn basic swimming skills. Learning objectives: Enter and exit water by stepping or jumping from the side, fully submerge and hold breath, bob, open eyes under water and retrieve submerged objects, front, jellyfish and tuck floats, front and back glides and floats, recover to vertical position, roll from front to back and back to front, change direction of travel while swimming on front or back, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action. Min/Max: 2/10. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:00-10:40A	\$20	101043-01
6/17-6/27	M-Th	3:15-3:55P	\$20	101043-02
6/17-6/27	M-Th	4:45-5:25P	\$20	101043-03
7/1-7/11	M-Th	10:00-10:40A	\$20	101043-04
7/1-7/11	M-Th	3:15-3:55P	\$20	101043-05
7/1-7/11	M-Th	4:45-5:25P	\$20	101043-06
7/15-7/25	M-Th	10:00-10:40A	\$20	101043-07
7/15-7/25	M-Th	3:15-3:55P	\$20	101043-08
7/15-7/25	M-Th	4:45-5:25P	\$20	101043-09
7/29-8/8	M-Th	10:00-10:40A	\$20	101043-10
7/29-8/8	M-Th	3:15-3:55P	\$20	101043-11
7/29-8/8	M-Th	4:45-5:25P	\$20	101043-12
<b>Willard Pool</b>				
6/17-6/27	M-Th	11:25A-12:05P	\$20	101043-20
7/1-7/11	M-Th	11:25A-12:05P	\$20	101043-21
7/15-7/25	M-Th	11:25A-12:05P	\$20	101043-22
7/29-8/8	M-Th	11:25A-12:05P	\$20	101043-23



**LEVEL 3: STROKE DEVELOPMENT**

Age 5-13. Prerequisite: Successful completion of Level 2. Additional guided practice helps students improve skills. Learning objectives: Enter water by jumping from side, headfirst entries from the side in sitting and kneeling positions, bobbing while moving toward safety, rotary breathing, survival float, change from vertical to horizontal position on front and back, tread water, flutter, scissor, dolphin and breaststroke kicks on front and front crawl and elementary backstroke. Min/Max: 2/10. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:45-11:25A	\$20	101044-01
6/17-6/27	M-Th	1:45-2:25P	\$20	101044-02
6/17-6/27	M-Th	5:30-6:10P	\$20	101044-03
7/1-7/11	M-Th	10:45-11:25A	\$20	101044-04
7/1-7/11	M-Th	1:45-2:25P	\$20	101044-05
7/1-7/11	M-Th	5:30-6:10P	\$20	101044-06
7/15-7/25	M-Th	10:00-10:40A	\$20	101044-07
7/15-7/25	M-Th	1:45-2:25P	\$20	101044-08
7/15-7/25	M-Th	5:30-6:10P	\$20	101044-09
7/29-8/8	M-Th	10:00-10:40A	\$20	101044-10
7/29-8/8	M-Th	1:45-2:25P	\$20	101044-11
7/29-8/8	M-Th	5:30-6:10P	\$20	101044-12
<b>Willard Pool</b>				
6/17-6/27	M-Th	10:40-11:20A	\$20	101044-20
7/1-7/11	M-Th	10:40-11:20A	\$20	101044-21
7/15-7/25	M-Th	10:40-11:20A	\$20	101044-22
7/29-8/8	M-Th	10:40-11:20A	\$20	101044-23

**LEVEL 4: STROKE IMPROVEMENT**

Age 6-13. Prerequisite: Successful completion of Level 3. Students gain confidence during swim lessons, improve strokes and gain additional aquatic skills. Learning objectives: Headfirst entries from the side in compact and stride positions, swim under water, feet first surface dive, survival swimming, front crawl and backstroke open turns, tread water using 2 different kicks, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly and flutter and dolphin kicks on back. Min/Max: 2/10. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:00-10:40A	\$20	101045-01
6/17-6/27	M-Th	1:45-2:25P	\$20	101045-02
6/17-6/27	M-Th	6:15-6:55P	\$20	101045-03
7/1-7/11	M-Th	10:00-10:40A	\$20	101045-04
7/1-7/11	M-Th	1:45-2:25P	\$20	101045-05
7/1-7/11	M-Th	6:15-6:55P	\$20	101045-06
7/15-7/25	M-Th	10:00-10:40A	\$20	101045-07
7/15-7/25	M-Th	1:45-2:25P	\$20	101045-08
7/15-7/25	M-Th	6:15-6:55P	\$20	101045-09
7/29-8/8	M-Th	10:00-10:40A	\$20	101045-10
7/29-8/8	M-Th	1:45-2:25P	\$20	101045-11
7/29-8/8	M-Th	6:15-6:55P	\$20	101045-12

**Willard Pool**

6/17-6/27	M-Th	11:25A-12:05P	\$20	101045-20
7/1-7/11	M-Th	11:25A-12:05P	\$20	101045-21
7/15-7/25	M-Th	11:25A-12:05P	\$20	101045-22
7/29-8/8	M-Th	11:25A-12:05P	\$20	101045-23



**LEVEL 5: STROKE REFINEMENT**

Age 6-13. Prerequisite: Successful completion of Level 4. Guidance allows students to refine strokes and become more efficient swimmers. Learning objectives: Shallow-angle dive from the side then glide and begin a front stroke, tuck and pike surface dives (submerge completely), front and back flip turns while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke, butterfly and sculling. Min/Max: 2/10. No class 7/4.

Date	Day	Time	Fee	Code
<b>Mill Woods Park</b>				
6/17-6/27	M-Th	10:45-11:25A	\$20	101046-01
6/17-6/27	M-Th	1:45-2:25P	\$20	101046-02
6/17-6/27	M-Th	4:45-5:25P	\$20	101046-03
7/1-7/11	M-Th	10:45-11:25A	\$20	101046-04
7/1-7/11	M-Th	1:45-2:25P	\$20	101046-05
7/1-7/11	M-Th	4:45-5:25P	\$20	101046-06
7/15-7/25	M-Th	10:45-11:25A	\$20	101046-07
7/15-7/25	M-Th	1:45-2:25P	\$20	101046-08
7/15-7/25	M-Th	4:45-5:25P	\$20	101046-09
7/29-8/8	M-Th	10:45-11:25A	\$20	101046-10
7/29-8/8	M-Th	1:45-2:25P	\$20	101046-11
7/29-8/8	M-Th	4:45-5:25P	\$20	101046-12

**Willard Pool**

6/17-6/27	M-Th	10:40-11:20A	\$20	101046-20
7/1-7/11	M-Th	10:40-11:20A	\$20	101046-21
7/15-7/25	M-Th	10:40-11:20A	\$20	101046-22
7/29-8/8	M-Th	10:40-11:20A	\$20	101046-23

**LEVEL 6: FUNDAMENTALS OF DIVING**

Age 6-13. Prerequisite: Successful completion of Level 5. Students learn to swim with ease and efficiency and gain the ability to swim smoothly over greater distances. Learning objectives: Increase endurance while swimming front (100 yards) and back (50 yards) crawls, butterfly (50 yards), elementary backstroke (100 yards), breaststroke (50 yards) and sidestroke (50 yards), demonstrate front and back flip turns and open turns for freestyle, backstroke, breaststroke, sidestroke and butterfly, dive from deck and diving board in kneeling, forward dive fall-in and standing positions, forward dive from tuck and pike positions with takeoff and swim 500 yards continuously using any 3 strokes of choice. Min/Max: 2/10. No class 7/4.

**Willard Pool**

6/17-6/27	M-Th	10:40-11:20A	\$20	101050-01
7/1-7/11	M-Th	10:40-11:20A	\$20	101050-02
7/15-7/25	M-Th	10:40-11:20A	\$20	101050-03
7/29-8/8	M-Th	10:40-11:20A	\$20	101050-04



**BARRACUDAS SWIM TEAM**

Coed, competitive, recreational swim team. Beginner practice session for those age 10 and under must be able to swim 2 laps unassisted. Advanced practice session for those age 11+ must be able to swim 4 laps unassisted. Min/Max: 14/24. Willard Pool. No class 7/4.

Date	Day	Time	Res/NonRes	Code
<b>Age 5-10</b>				
6/17-7/26	M-F	8:00-8:45A	\$135/\$160	101002-01
<b>Age 11-18</b>				
6/17-7/26	M-F	7:00-8:00A	\$135/\$160	101002-02



**WILLIAM J. PITKIN  
COMMUNITY CENTER**

**30 Greenfield Street**

Houses the Senior Center, Wethersfield Community Television, 9/11 Memorial Sports Center, The Learning Circle Preschool and other programs. Rooms may be rented for wedding receptions, anniversaries, birthdays, meetings, etc.

**TLC Preschool**

TLC Preschool is committed to providing high quality preschool programs that enhance the overall development of young children. Children are in a state licensed, child-centered environment with teachers who are educated in and have had experience working with preschool age children. Children are provided with activities designed to help them become independent, self-confident, inquisitive, and enthusiastic learners.

**SPARKLER**

is a FREE mobile app for Wethersfield families that helps support children's growth from birth to 5 years old.

Download Sparkler: Play for Parenting from Google Play or the App Store. Visit: [www.playsparkler.org/CT](http://www.playsparkler.org/CT)

Register after downloading. Open app and tap Create a New Account. Enter Sparkler access code WEC. Create your account. Add a child to your account. Complete profile questions.

**TLC MORNING PRESCHOOL 2024-2025**

**Quarterly payments permitted**

State-licensed preschool. Designed to foster individual growth in all areas of development with emphasis on social, emotional, physical and cognitive abilities. Promotes school readiness skills in a creative and resourceful atmosphere. Includes learning centers, table time, science and nature activities, arts and crafts, circle time, gym time and outdoor fun. Min/Max: 6/18. Pitkin Community Center. No class 11/5, 11/27, 11/28, 12/24, 12/25, 12/26, 12/31, 1/1, 2/18, 4/15, 4/16, 4/17.

	Date	Day	Time	Fee	Code
<b>Thrilling 3's</b> (\$400 due at registration)	9/10-5/22	Tu-Th	9:00-11:30A	\$1900	210137-01
<b>Fearless 4's</b> (\$500 due at registration)	9/10-5/22	Tu-Th	9:00A-12:15P	\$2150	210157-01

**TLC AFTERNOON KINDERGARTEN READINESS PROGRAM 2024-2025**

Age 4-5. State licensed preschool. If your child is affected by the new kindergarten cutoff date, this program may meet you and your child's needs. Designed to focus on Kindergarten readiness. Teachers work with each child to meet their individual benchmarks necessary to begin a successful school journey. Min/Max: 8/18. Pitkin Community Center. No class 10/7, 11/5, 11/27, 11/28, 12/23, 12/24, 12/25, 12/26, 12/30, 12/31, 1/1, 1/20, 2/17, 2/18, 4/14, 4/15, 4/16, 4/17.

	Date	Day	Time	Fee	Code
<b>Afternoon Adventurers 4's &amp; 5's</b> (\$500 due at registration)	9/9-5/22	M-Th	12:00-2:30P	\$2150	210171-01

**ATTENTION PARENTS OF YOUNG CHILDREN:**



**RESOURCE FOR YOUNG FAMILIES - WECC**

The Wethersfield Early Childhood Collaborative (WECC) is a diverse group of community members, educators, parents and local organizations that work to prepare young children to succeed in school. Our goal is to ensure that all Wethersfield's children, birth to 5 are healthy, ready for school and involved in our community.

**NEW ENTRY AGE FOR KINDERGARTEN REGISTRATION**

New! Beginning with the 2024-25 school year, children need to turn 5 years old on or before September 1, 2024, in order to be automatically eligible for kindergarten. To register for kindergarten go to: [wps.wethersfield.me/district/student-registration](https://wps.wethersfield.me/district/student-registration)

**SUMMER SUCCESSFUL TRANSITION TO KINDERGARTEN (FREE)**

This is a one week FREE program for parents/caregivers and their incoming kindergarteners. All sessions run from 9:00-11:00A. Contact Kim Bobin [kbobin@wethersfield.me](mailto:kbobin@wethersfield.me) for more information.

- Session 1: July 1 - 3
- Session 2: July 8-11
- Session 3: July 15-18
- Session 4: July 22-25

**KINDERGARTEN PLAYDATES**

This is an informal gathering of children and families held at each elementary school.

- Friday, July 27 5:30P
- Saturday, August 17 9:00A
- Saturday, August 31 9:00A

Questions about programs for children birth to five? Contact:

Jessica Coelho, WECC Program Coordinator 860-721-2887, [jcoelho@wethersfield.me](mailto:jcoelho@wethersfield.me)

Question about resources in the community?

Contact: Kim Bobin, Family & Early Childhood Coordinator 860-929-1316, [kbobin@wethersfield.me](mailto:kbobin@wethersfield.me)

Learn more at: [wethersfieldchildhood.com](https://wethersfieldchildhood.com)

Follow us on Facebook: [facebook.com/WethersfieldEarlyChildhoodCollaborative](https://facebook.com/WethersfieldEarlyChildhoodCollaborative)

**THE FOLLOWING CAMPS ARE SPECIFICALLY DESIGNED FOR CAMPERS WITH SPECIAL NEEDS:**

**SUMMER ADVENTURES**

Age 3-9. Campers with special needs will enjoy structured small and large group activities which include games, sports, crafts, music, and field trips. Swimming at Willard Pool, weather permitting. Please bring a lunch, water bottle, bathing suit and towel. Min/Max: 6/12. Pitkin Community Center. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-8/2	M-F	11:30A-3:30P	\$236/\$285	109190-01

**SUMMER ADVENTURES:  
EXTENDED MORNING SESSIONS**

Age 3-9. Lengthen your camp day experience by adding a morning session. Register for 1 or all weeks. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	8:30-11:30A	\$83/\$100	109192-01
6/24-6/28	M-F	8:30-11:30A	\$83/\$100	109193-01
7/1-7/3	M-W	8:30-11:30A	\$70/\$85	109194-01
7/8-7/12	M-F	8:30-11:30A	\$83/\$100	109195-01
7/15-7/19	M-F	8:30-11:30A	\$83/\$100	109196-01
7/22-7/26	M-F	8:30-11:30A	\$83/\$100	109197-01
7/29-8/2	M-F	8:30-11:30A	\$83/\$100	109198-01

**CAMP PITKIN**

Age 10-14. Youth with special needs will engage in sports, games, crafts, and field trips. Swimming at Willard Pool, weather permitting. Please bring a lunch, bathing suit and towel. Field trip costs are included. Min/Max: 6/12.

Pitkin Community Center. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-8/2	M-F	11:30A-3:30P	\$236/\$285	109180-01

**CAMP PITKIN:  
EXTENDED MORNING SESSIONS**

Age 10-14. Lengthen your camp day experience by adding a morning session. Register for 1 or all weeks. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	8:30-11:30A	\$83/\$100	109182-01
6/24-6/28	M-F	8:30-11:30A	\$83/\$100	109183-01
7/1-7/3	M-W	8:30-11:30A	\$70/\$85	109184-01
7/8-7/12	M-F	8:30-11:30A	\$83/\$100	109185-01
7/15-7/19	M-F	8:30-11:30A	\$83/\$100	109186-01
7/22-7/26	M-F	8:30-11:30A	\$83/\$100	109187-01
7/29-8/2	M-F	8:30-11:30A	\$83/\$100	109188-01

**TEEN SCENE**

Age 15-21. Teens with special needs will have the opportunity to socialize with peers, take part in sports, painting and field trips. Swimming at Willard Pool, weather permitting. Bring a lunch, bathing suit and towel. Field trips are included. Min/Max: 6/12. Pitkin Community Center. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-8/2	M-F	11:30A-3:30P	\$236/\$285	109160-01

**TEEN SCENE:  
EXTENDED MORNING SESSIONS**

Age 15-21. Lengthen your camp day experience by adding a morning session. Register for 1 or all weeks. Min/Max: 6/12.

Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	8:30-11:30A	\$83/\$100	109162-01
6/24-6/28	M-F	8:30-11:30A	\$83/\$100	109163-01
7/1-7/3	M-W	8:30-11:30A	\$70/\$85	109164-01
7/8-7/12	M-F	8:30-11:30A	\$83/\$100	109165-01
7/15-7/19	M-F	8:30-11:30A	\$83/\$100	109166-01
7/22-7/26	M-F	8:30-11:30A	\$83/\$100	109167-01
7/29-8/2	M-F	8:30-11:30A	\$83/\$100	109168-01



**SUMMER CAMP LATE PICKUP SESSIONS**

Age 3-21. Campers from any of the TR summer programs can add an extra hour to the camp day. Register for 1 or all weeks.

Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	3:30-4:30P	\$33/\$40	109220-01
6/24-6/28	M-F	3:30-4:30P	\$33/\$40	109221-01
7/1-7/3	M-W	3:30-4:30P	\$28/\$35	109222-01
7/8-7/12	M-F	3:30-4:30P	\$33/\$40	109223-01
7/15-7/19	M-F	3:30-4:30P	\$33/\$40	109224-01
7/22-7/26	M-F	3:30-4:30P	\$33/\$40	109225-01
7/29-8/2	M-F	3:30-4:30P	\$33/\$40	109226-01

**DID YOU KNOW?**

Therapeutic Recreation Programs and inclusion services are provided by Parks and Recreation for people with disabilities ages 3 through senior citizens. The department facilitates these opportunities for active participation and inclusion on a variety of levels, and are designed to meet an individual's needs and interests.

Year-round programs provide unique experiences for after school, vacation days, summer camps, special Rec Club trips and Special Olympics training.

When registering for TR programs, please submit the TR Supplemental Form (page 11) with the Registration Form.

**INTERESTED IN...**

Are you interested in being a unified partner or volunteer coach? If so, please contact Jahlim Cuttino at 860-721-2765 to learn more about this great opportunity.



**TR ADULT SOCIAL CLUB**

Age 21+. Adults may participate in an ongoing schedule of activities and programs throughout the year which may include theater, museums, dining, shopping, movies, holiday gatherings, game nights, bowling. Registered adults will provide input and receive a schedule. For additional information, contact Jahlim Cuttino, Therapeutic Recreation Supervisor at 860-721-2765. Min/Max: 1/30. Pitkin Community Center. No class 7/4 and 7/5.

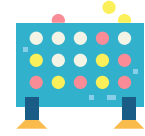
Date	Day	Time	Fee	Code
7/1-6/30	M-Su	8:00A-11:00P	\$26	109138-01



**LAWN GAMES**

Age 8-19. Open to individuals with special needs and their peers. Join us for some fun in the sun with lawn games; Bocce, Cornhole, giant games such as Connect 4, Jenga and more! The goal of this program is to have a good time by enjoying fun games, music, and most importantly socializing. Participants are encouraged to share ideas of potential lawn games that can be tried or added to our arsenal. This program will only take place outdoors. Please come in appropriate attire and bring a water bottle. Min/Max: 5/12. Pitkin Community Center.

Date	Day	Time	Fee	Code
6/26-8/7	W	3:45-4:45P	\$25	109250-01



**SPECIAL OLYMPICS**

**BOCCE**

Age 21+. Open to participants with intellectual disabilities and their peers. To compete at the Special Olympics Fall Sports Classic athletes and partners must be 30+ and must meet the requirements. Min/Max: 6/10. Mill Woods Park Bocce Courts.

Date	Day	Time	Fee	Code
7/9-9/10	Tu	4:30-5:30P	\$40	109140-01

**TENNIS**

Age 8+. Open to participants with special needs and their peers. Participants will have small group instruction for beginners as well as tennis play. Please come in appropriate attire and bring a water bottle. Min/Max: 4/8. Wethersfield High School. No class 7/7.

Date	Day	Time	Fee	Code
6/23-8/11	Su	4:00-5:00P	\$40	109170-01

**GOLF**

Age 8+. Open to participants with intellectual disabilities and their peers. Practice will include instruction at the putting green, driving range and flat nine. Special Olympic tournament TBD. Min/Max: 6/12. Goodwin Golf Course.

Date	Day	Time	Fee	Code
6/24-8/26	M	5:30-7:00P	\$40	109148-01

**Therapeutic Recreation Supplemental Registration Form**

Please be specific when providing the following information, and submit with your Registration Form.

Participant's Name \_\_\_\_\_

Primary Disability \_\_\_\_\_

Any Assistive or Adaptive Device(s) used \_\_\_\_\_

Any Medications \_\_\_\_\_

Side Effects Staff should be Aware of \_\_\_\_\_

Allergies \_\_\_\_\_

Special Considerations Not Mentioned Above (especially related to medical or behavioral needs) \_\_\_\_\_

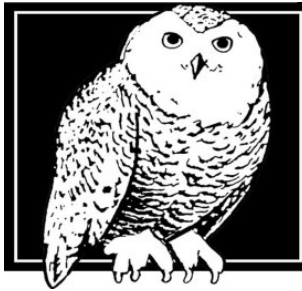
Special Interests \_\_\_\_\_

Goals You Wish to See from this Program \_\_\_\_\_

I give my permission for transportation to be provided in an authorized town vehicle to TR activities. Yes \_\_\_ No \_\_\_

Participant Signature (or Parent/Guardian)

Date



# Eleanor Buck Wolf Nature Center



## SPECIAL EVENTS

### CONNECTICUT TRAILS DAY

Celebrate the outdoors with hiking, riding, walking and paddling. Events are held locally and statewide Saturday, 6/1, and Sunday, 6/2. Equipment not provided. For a complete schedule visit [ctwoodlands.org/ct-trails-weekend](http://ctwoodlands.org/ct-trails-weekend).

### ELEANOR BUCK WOLF DAY

Saturday 6/8, 11:00A - 3:00P, at the Nature Center. Join staff and the Friends of the Eleanor Buck Wolf Nature Center to celebrate the legacy of Wethersfield resident Eleanor Buck Wolf for whom the Nature Center is named. Inside and outside activities will bring to life her love for nature and passion for education. Contact the Nature Center for details.

## EARLY CHILDHOOD PROGRAMS

### OUTDOOR NATURE SCHOOL

Age 2-5. Parent/caregiver and child participate in hands-on outdoor activities to engage their curiosity about the natural world and develop social skills. Circle time, games, animal and plant observations and guided exploration of Mill Woods Park. Held entirely outdoors. This class involves quite a bit of walking. Please be prepared. Tuesday and Thursday classes are identical. Min/Max: 4/15. EBW Nature Center. No class 7/4.

Date	Day	Time	Friends/Other	Code
6/25-8/6	Tu	10:00-11:30A	\$85/\$95	106083-01
6/27-8/8	Th	10:00-11:30A	\$73/\$83	106083-02

### NATURE SCHOOL ON THE GO

Age 4-6. Parent/Caregiver and older or experienced nature schoolers participate in hands-on outdoor activities to build on their experiences with the natural world and peers. Circle time, games, wildlife observations and guided exploration of Mill Woods Park and other outdoor spots in town and surrounding areas. Held entirely outdoors. This class involves quite a bit of walking so please be prepared. Min/Max: 4/10. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
6/26-8/7	W	10:00-11:30A	\$85/\$95	106085-01

## MAD SCIENCE CAMPS

SPONSORED BY EBW NATURE CENTER

### MAD SCIENCE RED HOT ROBOTS AND CODING

Grade 1-5 (in spring). Children will build and take home their own robot while learning about circuits, wheels, gears and sensors. Explore different robotic devices including line-tracking and programmable robots with coding. Learn about simple machines and how they are used to make life easier. All supplies included. Min/Max: 12/20. Pitkin Community Center.

Date	Day	Time	Friends/Other	Code
8/5-8/9	M-F	9:00A-12:00P	\$188/\$198	106103-01

### BRIXOLOGY

Grade 1-5 (in spring). Brixology sets the foundation for our next generation of makers. Learn about different types of engineering and team up to construct an engineering-themed project using LEGO bricks. Learn about aerospace engineering while assembling a space station. Explore mechanical engineering as you build boats and vehicles. From carnival rides to drawing machines, mechanical animals to truss bridges; your future engineer will build upon their creativity to solve real-world design challenges, while developing problem-solving and team-building skills. Let the tinkering begin. Min/Max: 12/20. Pitkin Community Center.

Date	Day	Time	Friends/Other	Code
7/29-8/2	M-F	9:00A-12:00P	\$188/\$198	106101-01

## VISITING INFORMATION

156 Prospect Street.  
Open Monday – Friday,  
10:00A-5:00P, 6/17 to 8/16.

Featuring hands-on exhibits, live animals, picnic areas and walking trails in Mill Woods Park. A suggested donation of \$3 is requested.

**FREE** for Friends members.

Information regarding rentals, parties, volunteer opportunities, lectures, field trips and outreach programs are available online at [www.ebwnaturecenter.org](http://www.ebwnaturecenter.org) or via phone at (860)721-2780.

### Friends of the Eleanor Buck Wolf Nature Center

The Friends of the Nature Center is an independent, member-supported, non-profit organization which promotes ecology education through programs, events, and scholarships. Friends of the Nature Center meets on the third Tuesday of each month 7:00-8:00P. Members visit the Nature Center for free, receive program discounts, early registration, etc. You can now join or renew online while registering for programs. See page 28 for more information.

### OUTREACH PROGRAMS

Nature Center staff is available to travel to your school or organization and provide students and adults with the opportunity to visit with the animals that live at the Nature Center. A variety of nature based programs are also available.

### BOOK YOUR FIELD TRIP

Schools and Scout troops may schedule seasonal and age appropriate programs (insects, flowers, forestry, etc.) after school or on weekends. Programs are subject to availability and run 1-1½ hours in length. For more information contact the Nature Center.

**COUNSELOR IN TRAINING**

Age 13-15. Under the leadership of our CIT Director, participants will spend time developing leadership, communication and teamwork skills while gaining experience by helping campers during lessons. Participants will learn in both a "classroom" and experiential setting with opportunities to develop and lead new activities. The CIT program includes training in all aspects of a camp counselor's job, participation in training sessions on topics such as basic child development, behavior management, counseling techniques, best practices and environmental stewardship.

Min/Max: 1/12. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
6/17-6/21	M-F	8:00A-4:30P	\$97/\$107	106351-01
6/24-6/28	M-F	8:00A-4:30P	\$97/\$107	106352-01
7/1-7/3	M-W	8:00A-4:30P	\$58/\$64	106353-01
7/8-7/12	M-F	8:00A-4:30P	\$97/\$107	106354-01
7/15-7/19	M-F	8:00A-4:30P	\$97/\$107	106355-01
7/22-7/26	M-F	8:00A-4:30P	\$97/\$107	106356-01
7/29-8/2	M-F	8:00A-4:30P	\$97/\$107	106357-01
8/5-8/9	M-F	8:00A-4:30P	\$97/\$107	106358-01
8/12-8/16	M-F	8:00A-4:30P	\$97/\$107	106359-01

**SUMMER CAMP PROGRAMS**

**June 17 through August 16**

Jump into the Amazing World of Animals and Nature. Take a closer look at how nature helps us every day and how we can help nature.

Nature Camp is designed for 4 year old/Pre K - Grade 4 in spring. Mornings consist of lessons and activities that reflect weekly themes. Swimming, recreational games and outdoor exploration take place in the afternoon. Each class led by an educator and assistant counselor (1:10 ratio) supported by volunteers, lifeguards and staff certified in first aid.

Bears Camp is designed for Grade 5-6 in spring. Mornings consist of lessons and activities that reflect weekly themes. Each class led by an educator and assistant counselor (1:10 ratio) supported by volunteers, lifeguards and staff certified in first aid. There will be a weekly field trip (*field trip locations subject to change*).

Please note swim lessons will not be available to campers in Bears Camp. Only recreational swim will be offered.

**An open house for new campers and parents will be hosted at the Nature Center on Thursday, June 6, 2024, from 4:30 – 6:30P.**

**6/17: Animal Actions:** Calling all animal lovers! From migration behaviors to different defenses and senses, animal actions are pretty cool. Kick off the summer by learning all about animals, including some of our own friends at the Nature Center! Add Session 2 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 1 is Predators vs Prey. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
6/17-6/21	M-F	8:00A-4:30P	\$232/\$250	106261-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Southwick Zoo</b>				
6/17-6/21	M-F	8:00A-4:30P	\$257/\$275	106291-10

**6/24: Dino-mite Explorations:** Join us for a week from the past! From learning about creatures that roamed the Earth years ago to understanding the process of preserving dinosaurs today, there is always more to learn. Hurry up, before this opportunity becomes extinct! Add Session 1 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 2 is Disney Characters. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
6/24-6/28	M-F	8:00A-4:30P	\$232/\$250	106262-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Dinosaur Place</b>				
6/24-6/28	M-F	8:00A-4:30P	\$257/\$275	106292-10

**7/1: Survive It!:** Learn the necessary skills to survive in outdoor settings. Learn to build shelters, tie knots, identify useful plants, and find your way around in the wilderness! It may only be a week of camp, but these skills will last a lifetime. Add Session 4 and have an optional swim lesson which is chosen at time of registration. Theme Day Wednesday for Session 3 is Space Cowboys and Aliens. Reminder: Camp Runs on Monday, Tuesday and Wednesday this week. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
7/1-7/3	M-W	8:00A-4:30P	\$185/\$197	106263-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Native American Archeological Institute</b>				
7/1-7/3	M-W	8:00A-4:30P	\$210/\$222	106293-10



# Nature Center

**7/8: Amazing Amphibians:** Ever wondered about the difference between an amphibian and a reptile? How about the way in which our use of the environment may impact the habitats of frogs, salamanders, and axolotls? Add Session 3 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 4 is Go Green. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
7/8-7/11	M-F	8:00A-4:30P	\$232/\$250	106264-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Riverside Reptiles</b>				
7/8-7/11	M-F	8:00A-4:30P	\$257/\$275	106294-10

**7/15: How Does Your Garden Grow?:** Let it grow, let it grow! Explore what grows in neighboring gardens and the importance of farming. Study pollination, plant life cycles, and edible plant anatomy. This week will be totally radish! Add Session 6 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 5 is Career Day. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
7/15-7/19	M-F	8:00A-4:30P	\$232/\$250	106265-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Sturbridge Village</b>				
7/15-7/19	M-F	8:00A-4:30P	\$257/\$275	106295-10

**7/22: Shark Week:** Head out into the oceans to study the most feared and misunderstood animal in the sea, the Shark. Look at many different and interesting species from Angelfish Sharks to Zebra Sharks. (And of course, some other ocean friends too!) Add session 5 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 6 is Bikers and Surfers. EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
7/22-7/26	M-F	8:00A-4:30P	\$232/\$250	106266-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Maritime Aquarium of Norwalk</b>				
7/22-7/26	M-F	8:00A-4:30P	\$257/\$275	106296-10

**7/29 Mother Nature Strikes Again:** Study all kinds of events that impact our earth. Take a look at everything from earthquakes and volcanoes to hurricanes and Tsunamis. Learn how they form, where they occur and how people prepare for them. Add Session 8 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for session 7 is Freaky Thursday.

EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
7/29-8/2	M-F	8:00A-4:30P	\$232/\$250	106267-10
<b>Bears/Grade 5-6 (in spring) - Field Trip CT Science Center</b>				
7/29-8/2	M-F	8:00A-4:30P	\$257/\$275	106297-10

**8/5: Creatures of the Night:** Learn why some animals choose to hunt at night along with their strategies and senses to survive. We have never been more excited to learn about what is lurking in the dark! Add Session 7 and have an optional swim lesson which is chosen at time of registration. Theme Day Thursday for Session 8 is Halloween.

EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
8/5-8/9	M-F	8:00A-4:30P	\$232/\$250	106268-10
<b>Bears/Grade 5-6 (in spring) - Optional Sleepover</b>				
8/5-8/9	M-F	8:00A-4:30P	\$257/\$275	106298-10

**8/12: Nature Olympics:** There is so much to do in the outdoors, from climbing and hiking to camping and biking. Experience all the fun to be had through team building games and challenges. Learn many unique ways to stay in shape, have fun, and connect with nature. Theme Day Thursday for Session 9 is Color Wars. (No Swim Lessons offered this week. Recreational swim only.)

EBW Nature Center.

*Nature Camp Min/Max: 10/74. Bears Camp Min/Max: 10/16.*

Date	Day	Time	Friends/Other	Code
<b>4Year Old PreK-Grade 4 (in spring)</b>				
8/12-8/16	M-F	8:00A-4:30P	\$232/\$250	106269-10
<b>Bears/Grade 5-6 (in spring) - Field Trip Tree Trails Adventures</b>				
8/12-8/16	M-F	8:00A-4:30P	\$257/\$275	106299-10



## BECOME A NATURE CENTER VOLUNTEER

Age 13+. Students, adults and interns may volunteer as a greeter, gardener, animal caretaker, educator, special events assistant, etc. Orientation introduces the seasonal programs and events, on-going and short-term volunteer opportunities and basic safety training. Volunteer orientations are scheduled by appointment by contacting the Nature Center at 860-721-2780.

## HOST YOUR NEXT BIRTHDAY PARTY AT THE NATURE CENTER

A birthday party at the Eleanor Buck Wolf Nature Center is unique, encouraging interest in nature while enjoying the conveniences of a party outside your home. Staff will assist with set-up and clean-up, greet guests and lead hands-on activities with the animals. Parties are 2 hours and flexible scheduling is offered. Fee is \$175 for Friends of the Nature Center and \$200 for non-members. For more information contact the Nature Center.

# ART



## ABRAKADOODLE: KICK, CATCH & SPLASH

Age 6-13. Kick start your summer. Catch your artsy tools and join us to make a splash. Learn about athletes who are artists and have striking artwork. Design whimsical basketball courts that invite us to make up our own games. Be inspired by artistic swimmers whose choreography creates geometric designs. Paint silhouettes of skateboarders doing tricks. Create visual effects that show the teamwork of an equestrian and their horse jumping over an obstacle. Design fashion sneakers, Olympic medals and gymnast sculptures while you learn sports can be a form of art. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
6/13	Th	9:00A-3:00P	\$70/\$75	102201-02
6/14	F	9:00A-3:00P	\$70/\$75	102202-02

## SUMMER LUNCH CRUNCH

Age 6-13. Register and stay for lunch when you sign up for BOTH Abrakadoodle Art classes. Staff will supervise while you socialize with new and old friends. Bring a bagged lunch. Outdoor playscape will be used for break time weather permitting. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/12-8/16	M-F	12:00-1:00P	\$20/\$25	129100-01

## ABRAKADOODLE: LET'S GO CAMPING

Age 3-5. Have camping fun without leaving the art room. "This camp takes us to an imaginary world where you will hike, build a campfire, create a nature tapestry, map a campground, design a camping trailer, collect bugs in a jar, and learn about wild animals." Explore painting, printing, collage, nature tapestry and other art media. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/12-8/16	M-F	9:00A-12:00P	\$190/\$215	102210-01

## ABRAKADOODLE: WORLD 3-D ART CAMP

Age 6-13. Travel on this creative journey and change the way you see the world. Create 3D masterpieces inspired by world cultures. Learn about Chinese ceramics, Croatian "licitar" hearts, Maori design carvings from New Zealand, "nicho" boxes from Mexico and much more. Create art using a variety of materials, play games and understand that through art we can connect with people from all over the world. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/12-8/16	M-F	9:00A-12:00P	\$190/\$215	102211-02

## ABRAKADOODLE: ARTSY CITY BUILDERS CAMP

Age 6-13. Calling all creative minds. Plan a city. Use arty tools to design skyscrapers, bridges, community pools, houses, bistros, airports and even museums. Create an artsy garden with trees and sculptures. Paint your own urban skyline inspired by Van Gogh. Use art skills to turn STEAM concepts into 3-D masterpieces. Join us on the road to fun. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
8/12-8/16	M-F	1:00-4:00P	\$190/\$215	102212-02

## NEXT GENERATION CHESS

Age 8-Adult. This teaching chess club is a melting pot of diverse individuals, from young prodigies taking their first steps into the game to seasoned players looking to refine their strategies. A dedicated team of experienced coaches is committed to fostering a love for the game in each and every member. Discover a captivating journey of intellectual growth and skill development. Learn the fundamentals of chess in a fun, supportive and interactive way, through engaging lessons, playful activities, and friendly competitions, minds will flourish and form lifelong friendships. Whether you're a complete novice or a seasoned player, our expert coaches will provide personalized guidance tailored to your individual goals and aspirations. From learning the basics to exploring advanced strategies, our comprehensive program ensures that every member finds their rightful place in the chess community. Min/Max: 10/20. Pitkin Community Center.

### Beginner (ELO rating under 400)

Date	Day	Time	Res/NonRes	Code
6/17-6/26	M,W	5:00-5:45P	\$75/\$85	129200-01
7/15-7/24	M,W	5:00-5:45P	\$75/\$85	129200-02

### Intermediate (ELO rating above 400)

Date	Day	Time	Res/NonRes	Code
6/17-6/26	M,W	6:00-6:45P	\$75/\$85	129201-01
7/15-7/24	M,W	6:00-6:45P	\$75/\$85	129201-02

## THEATER CAMP: GUYS AND GIRLS, JR.

Age 8-15. Plenty of parts to go around, including featured roles as well as ensemble parts. Experience auditioning for a role, be coached through the rehearsal process and work as an ensemble singing, dancing and acting to produce a play. All workshops, rehearsals and performances are mandatory. Performance: Friday, August 2 at 7:00P. Min/Max: 15/30. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/8-8/2	M-F	8:30A-3:00P	\$650/\$700	102130-01

## NEXT LEVEL DANCE CAMP

Age 8-15. These classes are taught by experienced instructors and are structured and taught to all levels. Classes will be offered in Dance Basics, Tap, Hip Hop/Funk, Baton, Acrobatics. Arts and Crafts are available daily as an optional activity. Special events may include theme days, field days and pizza parties. (Optional pizza will have a small additional fee.) Students must provide their own tap shoes and batons. The final dance performance for family and guests will be held at the Silas Deane Middle School auditorium at 5:00P on Thursday, July 25. Min/Max: 15/50.

Silas Deane Middle School. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-7/25	M-F	8:30A-12:30P	\$425/\$480	102001-01

## NEXT LEVEL DANCE CAMP AFTERNOON

Age 8-15. Start by refueling with the lunch you brought. Classes will be offered in jazz, tap, hip hop and acrobatics. Practice some of your morning routines. Learn an additional spectacular routine to be performed at the show too. Down time may include some crafts or games too. Min/Max: 10/30.

Silas Deane Middle School. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-7/25	M-F	12:30-3:00P	\$290/\$300	102002-01

## NEXT LEVEL DANCE CAMP FOR THE YOUNG

Age 5-8. Activities will include classes in dance and crafts. Classes will be offered in Dance Basics, Tap, Hip Hop/Funk, Baton, Acrobatics. Occasional special activities may include special theme days and pizza parties. (Optional pizza will have a small additional fee). Children must provide their own tap shoes and baton. The final dance performance for family and guests will be held at the Silas Deane Middle School auditorium at 5:00P on Thursday, July 25. Campers will share a drama storybook act too. Min/Max: 15/40.

Silas Deane Middle School. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/18-7/25	Tu,Th	8:30A-12:30P	\$270/\$285	102020-01

## NEXT LEVEL DANCE CAMP FOR THE PREK YOUNG

Age 4-5. Activities will include classes in dance and crafts. Classes will be offered in Dance Basics, Tap, Hip Hop/Funk, Baton, Acrobatics. Occasional special activities may include special theme days and pizza parties. (Optional pizza will have a small additional fee). Children must provide their own tap shoes and baton. The final dance performance for family and guests will be held at the Silas Deane Middle School auditorium at 5:00P on Thursday, July 25. Our young, artistic campers will also have an art show display of creations they made during their camp program. Min/Max: 15/40.

Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
6/17-7/24	M,W	8:30A-12:30P	\$270/\$285	102021-01



## COMMUNITY PLAYGROUND PROGRAM

Age 7-11. Based out of Emerson Williams School, this program will primarily use the school grounds for games, activities, sports and special events. Program includes arts and crafts and occasional in-town field trips. In case of inclement weather, the program will move inside to the school.

Min/Max: 15/50. Emerson Williams School. No class 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-7/26	M-F	9:00A-3:00P	\$295/\$320	103090-01

## COMMUNITY PLAYGROUND PROGRAM EARLY DROP OFF

Age 7-11. You may register for early drop off by Friday at 11:00A prior to each session week. Based out of Emerson Williams School, this program will primarily use the school grounds for games, activities, sports and special events. It includes arts and crafts and occasional in-town field trips. In case of inclement weather, the program will move inside to the school. Min/Max: 15/50. Emerson Williams School.

Date	Day	Time	Fee	Code
6/17-6/21	M-F	8:30-9:00A	\$20	103093-01
6/24-6/28	M-F	8:30-9:00A	\$20	103093-02
7/1-7/3	M-W	8:30-9:00A	\$16	103093-03
7/8-7/12	M-F	8:30-9:00A	\$20	103093-04
7/15-7/19	M-F	8:30-9:00A	\$20	103093-05
7/22-7/26	M-F	8:30-9:00A	\$20	103093-06





# CAMP

## CAMP STUFF TO DO

Age 4-6. This structured full-day camp is packed with group games, fitness and sport activities, free play, arts & crafts, field trips and special events. Morning swim lessons are included. Parents should provide a lunch and drink.

Min/Max: 15/30. Pitkin Community Center.

No program 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
<b>Session 1</b> Special Event: Giant Lego Party				
6/17-6/28	M-F	8:00A-4:00P	\$375/\$395	103022-02
<b>Session 2</b> Special Event: Royal Carnival on camp grounds				
7/1-7/12	M-F	8:00A-4:00P	\$341/\$361	103023-02
<b>Session 3</b> Field Trip: Jump On In, Newington				
7/15-7/26	M-F	8:00A-4:00P	\$375/\$395	103024-02
<b>Session 4:</b> Special event: Olympics Day on camp grounds				
7/29-8/9	M-F	8:00A-4:00P	\$375/\$395	103025-02



## CAMP WANNA DO

Age 7-10. This structured day camp is jam packed with sports, arts & crafts, group games, free play, special events, field trips and swimming. Morning swim lessons are included. Min/Max: 15/50. Pitkin Community Center.

No program 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
<b>Session 1:</b> Special Events: Campardy Game Show on camp grounds, Spare Time for pizza lunch, Bowling and Laser Tag				
6/17-6/28	M-F	8:00A-4:00P	\$384/\$404	103040-02
<b>Session 2:</b> Special Rvents: Urban Air Park, My Own Masterpiece Pottery on camp grounds				
7/1-7/12	M-F	8:00A-4:00P	\$346/\$366	103041-02
<b>Session 3:</b> Special Events: Putter's Paradise, Fun Trampoline Park				
7/15-7/26	M-F	8:00A-4:00P	\$384/\$404	103042-02
<b>Session 4:</b> Special Events: Sonny's Place, Olympics on camp grounds.				
7/29-8/9	M-F	8:00A-4:00P	\$384/\$404	103043-02

## X-TREME ADVENTURES CAMP

Age 11-15. Experience the fun this summer. Socialize with friends your age and make some new ones too. Stay active all week long with sports, games, swimming, special events and trips. Min/Max: 5/25. Hanmer School.

Date	Day	Time	Res/NonRes	Code
<b>Session 1:</b> Special Events: Putter's Paradise, Lara's Labyrinth, Hike, Campardy Game Show on camp grounds				
6/17-6/21	M-F	8:00-8:30A	\$20	103107-01
6/17-6/21	M-F	8:30A-3:30P	\$275/\$290	103107-02
6/17-6/21	M-F	3:30-4:00P	\$20	103107-03
<b>Session 2:</b> Special Events: Movies, IT in New Haven, SpareTime, Parkour				
6/24-6/28	M-F	8:00-8:30A	\$20	103108-01
6/24-6/28	M-F	8:30A-3:30P	\$275/\$290	103108-02
6/24-6/28	M-F	3:30-4:00P	\$20	103108-03
<b>Session 3:</b> Special Events: Urban Air Park, Dry Tubing, Disc Golf and Zipline at Powder Ridge				
7/1-7/3	M-W	8:00-8:30A	\$16	103109-01
7/1-7/3	M-W	8:30A-3:30P	\$220/\$235	103109-02
7/1-7/3	M-W	3:30-4:00P	\$16	103109-03
<b>Session 4:</b> Special Events: Lake Compounce, New Britain Bees, Lessard Lanes, Hike				
7/8-7/12	M-F	8:00-8:30A	\$20	103110-01
7/8-7/12	M-F	8:30A-3:30P	\$275/\$290	103110-02
7/8-7/12	M-F	3:30-4:00P	\$20	103110-03
<b>Session 5:</b> Special Events: Movies, Storrs Adventure Park, Hartford Athletics, Hike				
7/15-7/19	M-F	8:00-8:30A	\$20	103111-01
7/15-7/19	M-F	8:30A-3:30P	\$275/\$290	103111-02
7/15-7/19	M-F	3:30-4:00P	\$20	103111-03
<b>Session 6:</b> Special Events: My Own Masterpiece Pottery Studio on camp grounds, Brownstone, Fun Trampoline, Hike				
7/22-7/26	M-F	8:00-8:30A	\$20	103112-01
7/22-7/26	M-F	8:30A-3:30P	\$275/\$290	103112-02
7/22-7/26	M-F	3:30-4:00P	\$20	103112-03
<b>Session 7:</b> Special Events: Bowl-O-Rama, Sonny's Place, Olympics on camp grounds, Hike				
7/29-8/2	M-F	8:00-8:30A	\$20	103113-01
7/29-8/2	M-F	8:30A-3:30P	\$275/\$290	103113-02
7/29-8/2	M-F	3:30-4:00P	\$20	103113-03
<b>Session 8:</b> Special Events: Lake Compounce, Movies, Nomads, Hike				
8/5-8/9	M-F	8:00-8:30A	\$20	103114-01
8/5-8/9	M-F	8:30A-3:30P	\$275/\$290	103114-02
8/5-8/9	M-F	3:30-4:00P	\$20	103114-03



## CHALLENGE ISLAND PROGRAMS

### ISLAND DOLL CAMP

Grade 1-5. Rollerblade on down to the dreamiest, STEAMiest camp in town. You and your STEAM team of friends will help design and deck out our Island Doll Land complete with cool convertibles, pink waterslides and seriously stylin' Island DollSTEAM houses. Bring Downtown to life with your own doll-inspired businesses. Spend a day in the sun at Island Doll Beach and Boardwalk. Camp out under the stars in your own Island Doll Treehouse. Take to the slopes at Island Doll Ski Resort. Bring an eye for design, a taste for adventure and your favorite 11.5 inch fashionable friend to this blockbuster Challenge Island camp. Min/Max: 8/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/8-7/12	M-F	9:00A-12:00P	\$215/\$235	103300-01

### XTREME STEAM TIME MACHINE

Grade 1-5. Get ready for some groovy time-traveling fun. You and your STEAM team will build a totally rad time machine and take a STEAMtastic journey to a different decade every day. You will have a blast rocking around the clock from Fabulous 50's day, Far Out 60's day, Groovy 70's day, Totally 80's day and Wizarding 90's day. This retro-riffic camp is guaranteed to be one for the history books. Min/Max: 8/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/15-7/19	M-F	9:00A-12:00P	\$215/\$235	103301-01

### RACE ACROSS THE RAINFOREST

Grade 1-5. Race into an unforgettable journey through the amazing Amazon Rainforest with Challenge Island book characters Daniel, Joy, Kimani and DaVinci. You and your STEAM team will zip through the jungle's action packed layers. Take on challenges inspired by the rainforest's awesome animal inhabitants - from playful monkeys, hungry jaguars and slithering anacondas on the creepy forest floor. This magical camp is a must for all kids who love animals, books and endless adventures. Min/Max: 8/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/22-7/26	M-F	9:00A-12:00P	\$215/\$235	103302-01

### PETS PALOOZA

Grade 1-5. Wag on over to the most pawsome camp in town. You and your STEAM team will engineer a world created just for pets: Pets Palooza Hotel Day, Having A Ball Day, Give a Dog a Bone Day, Salty Sea Dog Day and Special Rescue Pets Day. Adopt adorable pretend pets of your own and create habitats to match their needs and personalities. This STEAMtastic camp gets two paws up and is a must for every pet-loving kid. Min/Max: 8/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/29-8/2	M-F	9:00A-12:00P	\$215/\$235	103303-01

## EXCEPTIONAL YOUTH EDUCATIONAL SERVICES SPONSORED CAMPS



### BUILD WITH ME USING LEGO®

Age 5-6. Children work independently and cooperatively as they begin to explore simple machines using LEGO® Duplo® early childhood materials. There will be 2 or 3 motion-based projects introduced each day of the week with additional challenge activities for all building skill levels. Min/Max: 8/16. Wethersfield Police Community Room.

Date	Day	Time	Res/NonRes	Code
7/29-8/2	M-F	9:00A-12:00P	\$160/\$190	103085-01

### S.T.E.A.M. WORKS USING LEGO®

Age 7-9. Children work with standard LEGO® materials to problem-solve engineering challenges involving structures, levers, gears, pulleys, and other elements of simple machines. There will be 2-3 projects introduced each day of the week with additional challenge activities to accommodate all building skill levels. Min/Max: 8/16. Wethersfield Police Community Room.

Date	Day	Time	Res/NonRes	Code
7/29-8/2	M-F	1:00-4:00P	\$160/\$190	103087-01



## This year's Wethersfield Teen Theater Production is Pippin

### Showtimes:

Thursday, 7/25 at 7:00P

Friday, 7/26 at 7:00P

Saturday, 7/27 at 2:00P & 7:00P

### Wethersfield High School Auditorium

### Tickets:

\$15 - Adults

\$10 - Seniors and Students

[www.wethersfieldteentheater.org](http://www.wethersfieldteentheater.org)

**INDEPENDENT YOUTH SPORTS CLUBS & LEAGUES**

**WETHERSFIELD YOUTH FOOTBALL & CHEER**

Flag Football ages 6-14. Tackle Football and Cheerleading ages 7-14. Register spring for fall season  
wethersfielddoyouthfootball.org

**WETHERSFIELD GDR SOCCER CLUB**

Year-round soccer for ages 3-18 (Grades PreK-12).  
wethersfieldsoccer.com

**WETHERSFIELD LITTLE LEAGUE**

Baseball and softball for ages 6 - 18. Tee ball for boys and girls ages 4 & 5. Register starting December for spring season.  
wethersfieldlittleleague.org

**WETHERSFIELD BASKETBALL ASSOCIATION**

Recreational basketball grades 2-8 and travel teams grades 5-8. Register and tryout in September for winter season.  
wethersfieldbasketballassociation.leagueapps.com/

**WETHERSFIELD YOUTH FIELD HOCKEY**

Field hockey for girls grades 3-8. Register in summer for fall season.  
wethersfieldfieldhockey.com

**WETHERSFIELD YOUTH LACROSSE**

Lacrosse for boys and girls grades 1-8. Register in December for spring season.  
wethersfielddoyouthlacrosse.org



**GYMNASTICS CAMP HALF DAY**

Age 3-12. Half Days of Summer Fun at Aerial Gymnastics. Enjoy gymnastics rotations, terrific crafts and activities designed to make new friends. Join us for your mornings before the local pools are open. Stay active this summer. Min/Max: 1/12. Aerial Gymnastics.

Date	Day	Time	Res/NonRes	Code
7/1-7/3	M-W	9:00A-12:30P	\$122/\$132	108228-01
7/8-7/12	M-F	9:00A-12:30P	\$204/\$214	108228-02
7/15-7/19	M-F	9:00A-12:30P	\$204/\$214	108228-03

**BASEBALL CAMP**

Age 7-13. Participants will learn various positions through playing multiple games each day. Players should bring a glove, bat, helmet, water bottle and snack. Coached by Wethersfield High School coaching staff. Min/Max: 10/36. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
6/17-6/20	M-Th	9:00A-12:30P	\$160/\$190	108020-01
7/8-7/11	M-Th	9:00A-12:30P	\$160/\$190	108020-02

**BASKETBALL CAMP**

Age 7-13. Learn fundamental skills and techniques from Wethersfield High School coaching staff. Min/Max: 10/30. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
6/24-6/28	M-F	9:00A-12:00P	\$155/\$185	108180-01
7/8-7/11	M-Th	9:00A-1:00P	\$155/\$185	108180-02
7/22-7/26	M-F	9:00A-12:00P	\$155/\$185	108180-03
8/5-8/8	M-Th	9:00A-1:00P	\$155/\$185	108180-04



**SPECTACULAR SUMMER NIGHTS**

Grade K-6. Join your friends and make new ones. Enjoy three spectacular nights of games, crafts and fun. Bring a snack and water bottle. Min/Max: 15/30. Pitkin Community Center. Program meets 6/28, 7/19, 8/9.

Date	Day	Time	Res/NonRes	Code
6/28-8/9	F	6:30-8:00P	\$30/\$40	108521-01



**TENNIS LESSONS**

Learn forehand, backhand, volley, serve and overhead. Players should bring their own racquet. Min/Max: 10/16. Webb School. No class 7/4.

**Ages 5-8**

Date	Day	Time	Res/NonRes	Code
6/18-7/11	Tu,Th	4:30-5:15P	\$90/\$110	108341-01
7/16-8/8	Tu,Th	4:30-5:15P	\$90/\$110	108341-02

**Age 9-12**

Date	Day	Time	Res/NonRes	Code
6/18-7/11	Tu,Th	5:30-6:30P	\$110/\$130	108342-01
7/16-8/8	Tu,Th	5:30-6:30P	\$110/\$130	108342-02





**KARATE**

Learn the ancient art of Okinawa ti through the style of karate known as Okinawan Shorin-Ryu instructed by Sensei Lou Roberts. This form of karate will advance you from White Belt to Black Belt over the course of time and hard work. Participants will learn kata (a series of techniques combined in sequence), kumite (one step sparring), control, confidence, self-defense and above all respect for others as well as yourself. Min/Max: 10/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
<b>Age 7-17</b>				
6/17-8/7	M,W	6:30-8:00P	\$130/\$150	108240-01
<b>Age 18+</b>				
6/17-8/7	M,W	6:30-8:00P	\$130/\$150	108240-03

**SOFTBALL CAMP**

Wethersfield High School coaching staff teach throwing, hitting, fielding and game situations. Bring a glove. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
<b>Grade 3-5</b>				
6/24-6/27	M-Th	9:00-11:00A	\$115/\$135	108321-01
<b>Grade 6-8</b>				
6/24-6/27	M-Th	9:00-11:00A	\$115/\$135	108321-02



**FIRST TEE YOUTH GOLF**

This program is administered by the First Tee CT. Curriculum includes life skills taught through the game of golf. Lessons are led by a PGA instructor. PLAYer (beginner) level classes are available. Min/Max: 2/4. Goodwin Golf Course.

Date	Day	Time	Res/NonRes	Code
<b>Age 10-13</b>				
7/11-8/22	Th	4:00-5:20P	\$80/\$95	108249-01
7/13-8/24	Sa	10:30-11:50A	\$80/\$95	108249-04
<b>Age 7-11</b>				
7/13-8/24	Sa	9:00-10:20A	\$80/\$95	108249-03
<b>Age 7-9</b>				
7/11-8/22	Th	5:30-6:50P	\$80/\$95	108249-02

**FIELD HOCKEY CAMP**

Participate in drills and games that will improve field hockey skills and knowledge of the game. Run by Wethersfield High School coaching staff. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
<b>Age 14-18</b>				
8/12-8/16	M-F	9:00A-12:00P	\$145/\$175	108141-02
<b>Age 7-13</b>				
8/12-8/16	M-F	9:00A-12:00P	\$145/\$175	108141-01

**FOOTBALL CAMP**

Grade 4-7 (in spring). Eagles Youth Football Camp is open to all kids entering grades 5-8. This is a non-contact camp for kids in padded or flag football programs. Coach McKinnon and his coaching staff will teach campers fundamentals for offense, defense, and special teams. Campers will have competitions each day to practice what they have learned while having fun with friends. Our goal is to teach the game of football in a safe manner, help kids become better players, and learn on Cottone Field. No equipment is necessary besides athletic wear and a water bottle. Turf cleats are recommended but not required. Min/Max: 10/100. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/15-7/18	M-Th	9:00-11:00A	\$75/\$105	108030-01



The Richard M. Keane Foundation is funding the summer CLASS 2024 program. CLASS will offer free enrichment programs for students entering grades 1-8 Monday-Thursday July 1-25. The CLASS program offerings and sign up will be shared with WPS parents via ParentSquare in early May. If you are looking for more information, please contact the CLASS Coordinator, Shannon Brown at [sbrown@wethersfield.me](mailto:sbrown@wethersfield.me)

**SKYHAWKS TINY HAWK**

Age 3-4.. The essentials of soccer and basketball are introduced in a fun and safe environment with lots of encouragement. Children will learn balance, body movement, hand/eye coordination and skill development through a series of sport-specific games tailored to their attention spans. Min/Max: 10/12. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/8-7/11	M-Th	5:15-6:00P	\$89/\$119	108300-01

**SKYHAWKS MINI-HAWK**

Age 4-6. This multi-sport program gives children a positive first step into athletics. The essentials of baseball, basketball and soccer are taught in a safe, structured environment with lots of encouragement and a focus on fun. All games and activities are designed to allow campers to explore balance, movement, hand/eye coordination and skill development at their own pace. Min/Max: 8/16. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/8-7/11	M-Th	6:15-7:15P	\$89/\$119	108301-01
6/24-6/28	M-F	9:00A-12:00P	\$149/\$179	108301-02
7/29-8/2	M-F	9:00A-12:00P	\$149/\$179	108301-03

**SKYHAWKS MULTI SPORT**

Age 7-10. This multi-sport camp is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of multiple sports along with vital life lessons such as respect, teamwork and self-discipline. Min/Max: 10/30. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
6/24-6/28	M-F	9:00A-3:00P	\$195/\$225	108302-01

**SKYHAWKS VOLLEYBALL**

Age 10-14. All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This program is designed for the beginner and intermediate player. Staff will assist boys and girls in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. Min/Max: 10/30. Wethersfield High School. No class 6/19.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	9:00A-1:00P	\$159/\$189	108309-01
7/29-8/2	M-F	9:00A-1:00P	\$169/\$199	108309-02

**WHAT IS SKYHAWKS?**

Skyhawks Sports Academy is a youth sports camp organization founded in 1979 as a soccer program where children could learn sports in a fun, safe and non-competitive environment. The format includes week-long summer camps, clinics, and year-round after-school programs that range from 45 minutes to 6 hours, per day.



**SKYHAWKS LACROSSE**

Age 7-12. Lacrosse combines basic skills used in soccer, basketball and hockey into one fast-paced game. Boys and girls will learn the fundamentals of stick handling, cradling, passing and shooting in a fun, non-checking environment. Min/Max: 10/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/8-7/12	M-F	9:00A-1:00P	\$169/\$199	108308-01

**SKYHAWKS TRACK AND FIELD**

Age 7-12. Skyhawks Track & Field camp combines technical development, fundamental techniques, and safety with a major focus on fun. Using special equipment, campers learn the fundamentals of body positioning, proper stretching, and cool-down techniques. This camp is a great conditioning workout for any sport. The exercises and drills prepare athletes for a future in cross-country and track & field while inspiring a love for running and being active. Min/Max: 10/20. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
7/22-7/26	M-F	9:00A-12:00P	\$149/\$179	108306-01

**SKYHAWKS BASKETBALL**

Age 5-7. This fun, skill-intensive program is designed for beginning to intermediate athletes. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. Boys and girls will also learn vital life lessons such as respect, teamwork and responsibility. Min/Max: 10/20. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/22-7/26	M-F	9:00A-12:00P	\$149/\$179	108307-01

**SKYHAWKS TENNIS**

Age 8-12. This camp emphasizes all aspects of the game and helps improve proper shot technique. Focus is placed on live ball drills that develop rallying and decision-making skills along with proper movement and recovery. Point playing games are used to reinforce the skills learned and to improve the player's competitive skills. Using teaching progressions that lead to live-ball play is a key element in this program. Campers will be divided by skill and/or age by the coaches. Min/Max: 10/20. Webb School. No class 6/19.

Date	Day	Time	Res/NonRes	Code
6/17-6/21	M-F	9:00A-12:00P	\$139/\$169	108305-01

**SKYHAWKS FLAG FOOTBALL**

Age 8-12. Boys and girls learn skills on both sides of the football including the core components of passing, catching and defense, all in a fun and positive environment. Min/Max: 10/30. Silas Deane Middle School.

Date	Day	Time	Res/NonRes	Code
7/15-7/19	M-F	9:00A-3:00P	\$195/\$225	108304-01

**SOCIAL AND YOUTH SERVICES PROGRAMS**

**HOW MAY WE HELP YOU?**

The Social and Youth Services Department is responsible for assisting residents with social, emotional, and economic needs, and the coordination of resources to improve the quality of life. Some of the specific functions of the department include: the coordination of programs and services for the elderly and persons with disabilities, including transportation services (see below) and a daily nutritional luncheon program; fundraising campaigns for the special needs fund and camp fund; food, clothing and fuel bank for residents; coordination of volunteer services; information and referral; crisis intervention; advocacy for youth, adults, seniors and the disabled, juvenile diversion program, and positive youth development and primary prevention programs.



**DIAL - A - RIDE**

Do you no longer drive or need reliable transportation to stay independent? Dial-A-Ride may be your answer. To learn more about this valuable service, how it works, who is eligible and how to get started, please call Social & Youth Services at 860-721-2880.

**WETHERSFIELD CAMP FUND**

Administered through the Social and Youth Services Department, the Camp Fund has been in existence for over 40 years and has provided annual camp assistance to resident children and disabled adults. A fillable application form is available online at [wethersfieldct.gov/social](http://wethersfieldct.gov/social). Call 860-721-2880 with any questions. Residents must demonstrate a financial need. Be sure to apply for a Summer Campership as soon as possible to be able to register online for Wethersfield Parks & Recreation programs beginning April 3rd. Donation checks to the camp fund may be dropped off at town hall, mailed or made online through the Parks and Recreation registration site. Every dollar donated goes directly to camp scholarships.

**SPORTS FOR ADULTS**

**SUNDAY BASKETBALL LEAGUE**

Age 21+. Take your basketball game up a notch. Team play scheduled weekly. There will be a draft of all registered players to ensure fairness of teams. Min/Max: 24/64. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
6/16-8/11	Su	8:00A-1:00P	\$95/\$105	108035-01

**FITNESS ROOM PASS INFORMATION MAY BE FOUND ON PAGE 23.**



**SENIOR PICKLEBALL**

Age 55+. Register for beginner indoor Pickleball play on Mondays. Net will be provided. Bring your own racquet; some available upon request. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Fee	Code
<b>Beginner</b>				
6/17-8/5	M	4:15-5:45P	\$16	108351-01
<b>Intermediate</b>				
6/19-8/7	W	4:15-5:45P	\$16	108351-02

**PICKLEBALL CLUB**

Age 21+. The game is easy to pick up, fun to play, very social, and a great way to get exercise. Join and play Thursday evenings on a first come basis. Continuous rotation after each match. Min/Max: 8/14. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/13-8/8	Th	7:15-9:15P	\$60/\$70	108355-01

**FITNESS**

**ZUMBA WITH NANCY**

Age 16+. Aerobic workout with a Latin-dance twist. Zumba fuses hypnotic Latin and international rhythms with easy to follow moves to create a dynamic fitness program. Min/Max: 10/25. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/18-8/8	Tu,Th	9:30-10:15A	\$70/\$80	105006-01
6/17-8/7	M,W	6:00-6:45P	\$70/\$80	105006-02



**GOLD WITH SHERYL**

Age 45+. An innovative, fun and exciting program designed for the active older adult, the true beginner, people who are not used to exercising, or who may be limited physically. Dance to fantastic music and easy to follow steps. Min/Max: 13/35. Pitkin Community Center. No class 7/4.

Date	Day	Time	Res/NonRes	Code
6/18-8/1	Tu,Th	8:30-9:15A	\$60/\$70	105007-01
6/18-8/1	Tu,Th	5:00-5:45P	\$60/\$70	105007-02

**YOGA WITH RIKKI**

Age 16+. Suitable for all levels. Learn the basics, increase strength, vitality and flexibility. Reduce stress and relax while toning your body and mind. Yoga breathing exercises called Pranayama benefits the entire body. Physical activity is good for relieving stress, and this is particularly true of yoga. Class will be offered remotely through the Zoom App. Min/Max: 8/30. Remote. No class 7/5.

Date	Day	Time	Res/NonRes	Code
6/14-8/9	F	9:15-10:00A	\$55/\$65	105093-19



**FITNESS ROOM PASS**

Age 16+. Fitness equipment includes treadmills, stationary bikes, ellipticals, dumbbells, medicine balls and floor mats. Disinfectant supplies will be available to wipe down your equipment. Min/Max: 1/50. Pitkin Community Center. Not available 7/4 & 7/5.

Date	Day	Time	Res/NonRes	Code
6/17-8/8	M-Th	5:00-9:00P	\$20/\$25	105030-01

**VIRTUAL ONLY FITNESS CLASSES**

**15 MINUTE HIIT**

Age 16+. Start your day feeling energized. This high intensity interval training workout is for you if you are short on time. Research shows short bouts of intense exercise can be as effective as longer more moderate workouts. This class makes it easy to fit exercise in your schedule. Class will include a short warm up and cool down, and in-between work intensely with fun and full body moves. Modifications will be given so that you can work at the right pace for you. Classes will be offered remotely through the Zoom app. Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
7/10-8/21	W	8:00-8:15A	\$59	105047-19

**CORE STRENGTH**

Age 16+. This functionally and fun class provides a complete workout that will help tone and reshape your body. You will use light weights, bands and your own body weight to improve strength, flexibility, balance and stamina to sculpt and tone. Bring a yoga mat, water and light weights. Classes will be offered remotely through the Zoom app. Min/Max: 1/50. Remote.

Date	Day	Time	Fee	Code
7/11-8/22	Th	6:00-6:45P	\$59	105055-19

**PILATES**

Age 16+. Exercises focus on the core muscles which include the abs, back, glutes and shoulders. Work to create balance and strength in your trunk and loosen limbs. Pilates strives to make you strong and long while improving balance, coordination and posture. Discover muscles you never knew you had while you work on every part of the body. Items needed: mat, water, green (or medium weight) flex band and a 7.5-9 inch stability ball. All levels with modifications; participants need to be able to get up and down off the floor. Classes will be offered remotely through the Zoom app. Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
7/9-8/20	Tu	6:00-6:45P	\$59	105050-19

# Senior Programs

## BINGO

Held weekly in the Banquet Room. \$2 fee includes admission and two bingo cards. 50¢ each additional card. Check monthly newsletter and website for special Bingo events. No program 8/21 & 8/28.

Day	Time	Fee
Wednesday	12:15P	\$2 SC Member \$4 Non-Member



## MAH JONGG

Keep your mind sharp and enjoy this fascinating rummy-like tile based game. New players are always welcome and instruction available for beginners.

Day	Time	Fee
Tu,Th	9:30A-1:00P	FREE



## SETBACK

Join our friendly group. Everyone is welcome including singles and partners, beginners and experienced players. **Please arrive no later than 12:15P.** Held weekly in the Banquet Room. No setback on 8/23 & 8/30.

Day	Time	Fee
F	1:00P	\$2 SC Member \$3 Non-Member

## WII BOWLING

All the fun of bowling without the heavy ball, with benefits of light exercise that improves coordination and balance. Meet new friends and rekindle an old pastime in a new way. Join our group for a little competition and a lot of fun. Beginners welcome.

Day	Time	Fee
Tu	1:00-3:00P	FREE

## RED ONION SENIOR QUILTERS

Share your love of quilting and sharpen your skills. The group shares quilting techniques, works on a "block of the month" and quilts for charity. All skill levels welcome.

Day	Time	Fee
3rd M/month	10:00A-1:00P	FREE

## INFORMAL CARDS, RUMMIKUB, BOARD GAMES



This group plays informal card games, Rummikub & Scrabble. Call to schedule time or join an existing game. Please contact the Senior Center Coordinator to start a new group or introduce a new game.

## SENIOR CAFE LUNCH PROGRAM

Join us for a delicious lunch provided by the Community Renewal Team at the Pitkin Community Center. Suggested donation: \$3 for ages 60+ and companion; under age 60 fee is \$10. Reservation required. To reserve your meal, call 860-721-2773 no later than noon one day (weekday) before the day you plan on dining with us. Visit the Center or our website to view the Cafe monthly menu.

## AFTERNOON MOVIES

Join us for a variety of newly released and classic movies on Monday, Wednesday and Thursday. No movies on days when special events are scheduled. Visit the Center or our website to view the monthly movie listings.

Day	Time	Fee
M, W,Th	1:00P	FREE

## BUS TRIPS

Day and overnight trips are scheduled throughout the year. More information can be found in the monthly newsletter and on our website.

- Newport Harbor Cruise & Lunch: June 13 - \$138
- Saratoga Horse Races & Museum: July 31 - August 1 - \$419
- Theatre By The Sea, Kingston, RI Lunch & A Show (42ND STREET: September 12 - \$172
- The Turkey Train, Lake Winnepesaukee Railroad: October 7 - \$164

## ENTERTAINMENT EVENTS

Live, fabulous musical entertainment held monthly. Door prizes included in admission. Mondays at 1:00P. Dates, performers, menu and admission price are listed in our monthly newsletters and on our website.

## AARP SMART DRIVING COURSE

Refresh your driving skills and qualify for at least a 5% reduction in your car insurance premiums. **REGISTRATION REQUIRED.**

Date	Time	Fee
5/23	12:00-4:00P	\$20 AARP Mbr \$25 Non-AARP

## SENIOR CENTER

Pitkin Community Center  
30 Greenfield Street  
Amy Miller Dignoti  
Senior Center Coordinator  
Phone:  
(office) 860-721-2770 or  
(cell) 860-781-0300

Email:  
senior.center@wethersfieldct.gov

Please call or email the Senior Center to register for events and programs or to schedule appointments. Senior Center news and updates can be found in our monthly newsletter, on our website, and in the Rare Reminder at the end of each month.

[wethersfieldct.gov/senior-center](https://wethersfieldct.gov/senior-center)

## ANNUAL MEMBERSHIPS

A Senior Center membership is required to participate in all ongoing classes and programs and qualifies participants for discounted admission to monthly programs. The Center depends on membership dues and class fees for its continued operation. Renewals and new memberships can be completed online, in person at the Senior Center or by completing the membership form.

**\$5 FOR WETHERSFIELD RESIDENTS**

**\$7 FOR NON-RESIDENTS**

**Age 90+ FREE**



**WETHERSFIELD SOCIAL & YOUTH SERVICES**  
860-721-2880

**HOW MAY WE HELP YOU?**

Wethersfield offers many services to our community, some you may be familiar with, others you may not. If you are experiencing financial difficulty and seeking information on access to food and basic needs or have questions regarding the Wethersfield Food Bank and other available resources, please call us.

[wethersfieldct.gov/social](http://wethersfieldct.gov/social)



**WETHERSFIELD ELDERLY SERVICES:**

Daniel Rosario, social worker and Elderly Services Coordinator, can assist with federal, state and local assistance programs such as Energy Assistance, Tax Assistance, DIAL-A-RIDE, Housing, The Supplemental Nutrition Assistance Program/SNAP vouchers, Medicare CHOICES and more. For more information, call 860-721-2880 or email [daniel.rosario@wethersfieldct.gov](mailto:daniel.rosario@wethersfieldct.gov).

**HEALTH & WELLNESS SERVICES**

**FOOT CARE**

Includes cleaning, filing, trimming, reducing corns and calluses by licensed RN. Seniors only. No diabetics. Appointment required.

Day	Time	Fee
1st/3rd W/month	8:30A – 4:00P	\$30

**AUDITORY CONSULTATIONS**

Free hearing screenings, wax checks and hearing aid battery replacement. Appointment required. First Thursday every other month.

Day	Time
6/6, 8/1	10:00A-12:00P



**MONTHLY MASSAGE**

Licensed massage therapists offer Therapeutic and Swedish massages at discounted rates for Senior Center members. Appointment required.

**THERAPEUTIC MASSAGE with CONNIE:**  
2nd & 4th WEDNESDAYS & 4th FRIDAY

Licensed massage therapist offers chair and full-table therapeutic massages. Therapeutic massage can be used to reduce stress, decrease pain and increase feelings of calmness and well-being.

15-minute chair massage	- \$10
30-minute table massage	- \$25
60-minute table massage	- \$50

**SWEDISH MASSAGE with HOLLY:**  
MONDAYS, Schedule varies

Licensed massage therapist offers 60-minute full table Swedish massages \$50. Swedish massage is a gentle full-body massage that's great for people who are new to massage, want to release tension and desire gentle touch. Massage can help release knots and Swedish massage is also a good choice for when you want to fully relax during a massage.

**WETHERSFIELD SENIOR CITIZEN ADVISORY COMMITTEE (SCAC)**

Meets monthly, on the third Thursday in the fall, winter and spring. Representatives from the Town of Wethersfield and Town Council meet to discuss topics of interest to Wethersfield residents over the age of 55. For more information or to join us at our next meeting in September, please contact the Senior Center.

Day	Time
3rd Th/month	3:00P



**WETHERSFIELD TECH HELP FOR SENIORS**

Tech help for Senior offers individual and small group instruction to help meet all of your technology needs. Our tutors are available for help with iPhones, iPads, Android phones and tablets, fun and useful applications, Windows, Microsoft Office and more.

One-to-One assistance is available by appointment. Sessions are based on your individual needs and questions. Suggested donation of \$10 per hour.

**LEGAL RESOURCE**

Atty. Joan Wilson, of Wilson, Pinder & Snow LLC, offers free consultations on legal matters to Senior Center members regarding estate planning, elder law and probate issues. Atty. Wilson determines your legal needs and provides an estimate of costs for her services or a referral for advice from attorneys with other specialties. **APPOINTMENT REQUIRED.**

Date	Time	Fee
3rd Tu/month	10:30A – 12:30P	FREE

## THE ARTIST'S JOURNEY

Age 55+. Begin your artist journey with the help of our highly talented instructor, Deidre. Deidre's expertise and knowledge of painting and drawing techniques in different mediums will help you grow as an artist and tap into your own creativity. Participants can work in the medium of their choice. All ability levels welcome. Come find your inner artist. Min/Max: 7/12. Pitkin Community Center. No class 7/3, 7/4, 7/31, 8/1.



Date	Day	Time	Fee	Code
6/26-8/14	W	10:00-11:30A	\$45	136005-01
6/27-8/15	Th	10:00-11:30A	\$45	136005-02



## PAINT NIGHT

Age 55+. Enjoy a guided paint class, similar to Paint Nights hosted at local restaurants or studios, at a fraction of the cost. Our talented instructor, Joann, will help you create beautiful seasonal paintings. You don't need to be an "artist" to have a fun experience and create an amazing painting in one night. Fee includes instruction, materials and light dinner. Min/Max: 6/15. Pitkin Community Center.

Date	Day	Time	Fee	Code
7/9	Tu	5:30-7:30P	\$20	136020-01
8/6	Tu	5:30-7:30P	\$20	136020-02

## SCULPTING & NEEDLE FELTING

Age 55+. Sculpt amazing pieces of art using traditional sculpting clay, or learn a new technique- needle felting using wool. Your instructor, Deidre, has years of experience and a love for sculpting. Learn to mold clay or needle felted woolen sculptures of your choosing including adorable animals, decorative holiday figurines, or elaborate pieces of art. All skill levels welcome. Min/Max: 6/10. Pitkin Community Center. No class 7/3, 7/4, 7/31, 8/1.

Date	Day	Time	Fee	Code
6/26-8/14	W	10:00-11:30A	\$45	136025-01
6/27-8/15	Th	10:00-11:30A	\$45	136025-02

## CHAIR YOGA

Age 55+. Learn yoga basics using a program that adapts easily to any fitness level. All movements can be done seated and will work your core and extremities. Benefits include increased flexibility, strength and relaxation. Min/Max: 10/30. No class 7/4.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/17-8/12	M	11:30A-12:20P	\$36	136235-01
6/13-8/15	Th	11:30A-12:20P	\$36	136235-02
<b>PCC - United Healthcare Active Renew</b>				
6/17-8/12	M	11:30A-12:20P	FREE	136235-11
6/13-8/15	Th	11:30A-12:20P	FREE	136235-12
<b>Remote</b>				
6/17-8/12	M	11:30A-12:20P	\$36	136235-19
6/13-8/15	Th	11:30A-12:20P	\$36	136235-20
<b>Remote - United Healthcare Active Renew</b>				
6/17-8/12	M	11:30A-12:20P	FREE	136235-99
6/13-8/15	Th	11:30A-12:20P	FREE	136235-98



## SENIOR CENTER

Pitkin Community Center  
30 Greenfield Street  
Amy Miller Dignoti,  
Senior Center Coordinator  
Phone: (office) 860-721-2770  
(cell) 860-781-0300

Email:  
senior.center@wethersfieldct.gov.

The Wethersfield Senior Center serves adults 55 years and older, offering social, educational, entertainment, health and wellness programs. The Center is also a source of information and referral to programs and services that can help seniors and their families find the resources needed to maintain active, independent and fulfilling lives.

## JOIN OUR EMAIL DISTRIBUTION LIST:

If you would like to receive regular emails and updates programming, events and schedules, as well as important information such as notices on vaccines, tax assistance and services, please email:  
senior.center@wethersfieldct.gov  
to be added to our email distribution list.



# Silver Sneakers

## WHAT IS SILVERSNEAKERS?

SilverSneakers is a health and fitness program designed for adults 65+ that's included with many Medicare Advantage plans.

The goal? To help you stay strong in body, mind, and spirit. Regular physical activity keeps your heart, brain, bones, muscles, and joints healthy.

## INTERESTED IN HELPING OUT?

Volunteers are always welcome at the Senior Center. We have opportunities that range from assisting with special events and projects, mailings and notification to members, making phone calls, or regular weekly projects. Perhaps you have a special talent or knowledge base you would like to share! To further discuss volunteer opportunities at the Senior Center, please call 860-721-2770 or email the Senior Center Coordinator at [senior.center@wethersfieldct.gov](mailto:senior.center@wethersfieldct.gov).

### SILVER SNEAKERS STRENGTH AND BALANCE

Age 55+. Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. Hand-held weights, elastic tubing with handles and an 8" ball are utilized for resistance training. A chair may also be used for seated exercises or standing support. Min/Max: 5/30. No class 7/4.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/11-8/13	Tu	10:00-10:45A	\$40	136260-01
6/13-8/15	Th	10:00-10:45A	\$36	136260-02
<b>PCC - United Healthcare Active Renew</b>				
6/11-8/13	Tu	10:00-10:45A	FREE	136260-11
6/13-8/15	Th	10:00-10:45A	FREE	136260-12
<b>Remote</b>				
6/11-8/13	Tu	10:00-10:45A	\$40	136260-19
6/13-8/15	Th	10:00-10:45A	\$36	136260-20
<b>Remote - United Healthcare Active Renew</b>				
6/11-8/13	Tu	10:00-10:45A	FREE	136260-99
6/13-8/15	Th	10:00-10:45A	FREE	136260-98

### WALKING DVD

MEMBER DIRECTED. Our group of walkers follows a DVD that incorporates simple aerobic exercises with a continuous walk in place. Upbeat music keeps you motivated and invigorated. Beginners welcome. No class 4/7, 5/29, 8/19-9/2.

**Day** M, W, F  
**Time** 10:00-11:00A  
**Fee** FREE for SC members



### BETTER HEALTH AND IMPROVING BALANCE WITH TAI CHI/QIGONG

Age 55+. Participating in this class has many benefits including improved flexibility, strength, balance and mental focus. Through gentle movements from T'ai Chi Chuan along with teachings from the ancient healing system Qigong this class will help reduce pain; boost concentration and increase energy. Movements can be adapted for all fitness levels. Sessions include movements and meditation in both standing and/or sitting positions. Students will leave with a routine and tips for sustaining a daily practice. Min/Max: 10/30.

Date	Day	Time	Fee	Code
<b>Pitkin Community Center</b>				
6/12-8/14	W	10:30-11:20A	\$36	136252-01
<b>PCC - United Healthcare Active Renew</b>				
6/12-8/14	W	10:30-11:20A	FREE	136252-11
<b>Remote</b>				
6/12-8/14	W	10:30-11:20A	\$36	136252-19
<b>Remote - United Healthcare Active Renew</b>				
6/12-8/14	W	10:30-11:20A	FREE	136252-99



Senior Pickleball Clinic and Pickleball information can be found on page 22.



**Eleanor Buck Wolf Nature Center**

156 Prospect St, Wethersfield, CT 06109 Phone: (860) 721-2780

**Friends of the Nature Center Membership Registration Form****HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Annual Memberships	Registration Fee	Lifetime Memberships	Registration Fee
<input type="checkbox"/> Individual	\$15	<input type="checkbox"/> Individual	\$500
<input type="checkbox"/> Family	\$25	<input type="checkbox"/> Family	\$1000
<input type="checkbox"/> Group (Non-Profit, School, Scouts etc.)	\$40		
<input type="checkbox"/> Guardian of Nature	\$65 (Includes Pin and T Shirt)		



Is this a renewal or new membership	<input type="checkbox"/> Renewal	<input type="checkbox"/> New
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	Member Info – Name	Age	DOB		Member Info - Name	Age	DOB
Adult 1				Child 2			
Adult 2				Child 3			
Child 1				Child 4			

Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card**Membership Subtotal** \$ \_\_\_\_\_**Friends Donation** + \_\_\_\_\_Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_ **Total Amount** \$ \_\_\_\_\_**I agree to pay the total amount according to the cardholder agreement.** Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_**The Friends is an IRS 501-c3 non-profit corporation. Contributions are tax deductible to the extent permitted by law.****For more information please visit: [www.wethersfieldct.gov/ebwnaturecenter](https://rec.wethersfieldct.gov/ebwnaturecenter)**

**Wethersfield Senior Center**

30 Greenfield Street, Wethersfield, CT 06109 Phone: (860) 721-2979 Cell: (860) 781-0300

**Program and Membership Registration Form****HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ DOB \_\_\_\_\_

Work Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**PROGRAM REGISTRATION**

Participant	M/F	DOB	Program Name	Program Code	Fee

Special Information (allergies, medical conditions, medications, etc.) \_\_\_\_\_

**Annual Membership Fees: Residents - \$5.00 Non-Residents - \$7.00 Age 90+ - FREE** \$5.00 - Resident  \$7.00 - Non-Resident  \$FREE – Age 90+ Renewal Membership  New Membership**Please check if you are interested in the following programs:**

Exercise     Crafts     Movies     Setback     Bingo     Cards/Games  
 Golf     Art     Trips     Choir     Wii Bowling     Continuing Education  
 Lectures     Entertainment/Music     Volunteering     Other \_\_\_\_\_

**WAIVER – READ CAREFULLY AND SIGN BELOW**

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

Adult Signature: \_\_\_\_\_ Date \_\_\_\_\_

**PAYMENT INFORMATION – MAKE CHECKS PAYABLE TO THE TOWN OF WETHERSFIELD**Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card

Program Fees Subtotal \$ \_\_\_\_\_

**Donation for camp fund**

(Provides assistance for families unable to afford program fees for summer camp.)

Donation + \_\_\_\_\_

(optional)

Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_ Total Amount \$ \_\_\_\_\_

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

 Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_ / \_\_\_\_

**Wethersfield Parks & Recreation Department**

505 Silas Deane Highway, Wethersfield, CT 06109 Phone: (860) 721-2890 wethersfieldct.gov/recreation

**Program Registration Form****HOUSEHOLD CONTACT INFORMATION – PLEASE FILL OUT COMPLETELY**

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Adult First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Email Address \_\_\_\_\_ Emergency

Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**PROGRAM REGISTRATION**

Participant	M/F	Grade in Spring	DOB	Program Name	Program Code	Fee

Special Information (allergies, medical conditions, medications, etc.) \_\_\_\_\_

**POOL PASS Individual Pass - \$40 Family Pass - \$65 (Limited to 2 adults and the children living in household)**

Individual Pass - First & Last Name	Age	DOB

	Family Pass - Name	Age	DOB	Family Pass - Name	Age	DOB
Adult 1						
Adult 2						

**WAIVER - READ CAREFULLY AND SIGN BELOW**

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

Adult Signature: \_\_\_\_\_ Date \_\_\_\_\_

**PAYMENT INFORMATION**Payment Type:  Check # \_\_\_\_\_  Cash \_\_\_\_\_  Credit Card**Program Fees Subtotal \$** \_\_\_\_\_**Donation for camp fund** (Provides assistance for families unable to afford program fees for summer camp.)**Donation +** \_\_\_\_\_  
(optional)

Credit Card Signature \_\_\_\_\_ Date \_\_\_\_\_

**Total Amount \$** \_\_\_\_\_

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

 Visa  Mastercard  Discover \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_