

The Central Connecticut Health District invites residents of Berlin, Newington, Rocky Hill, Wethersfield and surrounding towns to a “Path to Health” hike with Dr. Cait Barbiero, ND on the Kensington Orchards Trail in Berlin.



DECEMBER 4, 2016
10:00 AM TO 12:00 PM
JOIN THE HIKE AT
KENSINGTON ORCHARDS
TRAIL IN BERLIN

Meet at the Kensington Orchards Trailhead. Parking is available at the trailhead, right off the Chamberlain Highway (Rte. 71), between Orchard Road and Southington Road (Rte. 364).



** Please note: In case of inclement weather, cancellation will be posted on the CCHD Facebook page by 9:00 am on December 4, 2016.*

When:
Sunday
December 4, 2016
10:00am-12:00pm

Distance:
3.0 miles

Level of
Difficulty:
Moderate

Dr. Cait will talk with us about Naturopathic Medicine and answer questions about health.

FOR MORE INFORMATION:
Cait Barbiero, ND
www.info@drcait.org

Visit our websites:
www.ccthd.org
www.pronaturalphysicians.com